



RELAC newsletter

Over 50 Years of Dedicated Service to L.A. County Retirees

Sept/Oct 2013 Vol 48-5

President's Message

by Bill de la Garza

Dear Friends,

It is with sadness that I share with you information regarding the passing of a longtime RELAC Board member, and my very good friend and colleague, Ray Guyovich. Ray was 89 years young and a decorated World War II veteran. He had a long and distinguished career with the County of Los Angeles and retired as Chief of Property Acquisition with the Flood Control District. Ray retired from the County in 1984.



Ray's knowledge and expertise in leadership and planning have greatly benefited RELAC and all of its members. Ray was President of RELAC in 2003. He was responsible for planning and implementing RELAC'S first picnic. The picnic became an annual activity that is always and still enjoyed by our RELAC members. Ray was also responsible for making the facility arrangements for RELAC'S Annual Recognition Luncheons. The Luncheons have become the highlight of RELAC's year. To put it simply, anytime RELAC was looking for a facility or special event location, they would rely on Ray's expertise to locate the facility and confirm all the necessary arrangements. He was considered a master of his trade. If they're planning a party in heaven Ray will be there to make all the arrangements.



Ray Guyovich

We extend our condolences and prayers to his wife Donna, his children Tom, Diane and Debra and all and his 5 grandchildren and 4 great grandchildren. Ray Guyovich will be missed, but never forgotten.

Good News: As your LACERA Board of Retirement elected representative, I am very pleased to leave you with good news. Now, I don't want you to think that I sound like a broken record or an elected politician. Truthfully, I never try to sugar coat my President's newsletter article, and I will never offer you inaccurate information. I simply want to advise you not to believe all the negative information that your local newspapers are reporting concerning abuses in public pension and medical plans. Don't confuse Los Angeles County Government with municipalities or counties such as the City of Bell or the County of San Bernardino. Los Angeles County has gone through a difficult period, but because of good management and planning the County is fiscally sound. Los Angeles County was not forced to implement employee furloughs or curtail any major services. Active and retired employee medical plans were not curtailed or reduced. No need to worry, your pension and medical benefits are in good shape.

Friendly Reminder: Read your newsletter, eat healthy, exercise, and see your cardiologist, get a stress test, and most of all, enjoy your retirement.

As customary, I leave you with this thought:

"What you get by achieving your goals is not as important as what you become by achieving your goals."

Henry David Thoreau

Inside the Newsletter



Annual Picnic

The Annual RELAC Picnic is coming up. It's on October 5 at the Santa Fe Dam. Great food, bingo, line dancing, horseshoes, musical entertainment, great prizes and, of course, socializing. RELAC members and adult guests are invited. Details and the reservation form can be found on **page three**. **The deadline for registration is September 13.**

Recognition Luncheon

Not far behind the picnic, on January 16, 2014, is the **Annual Recognition Luncheon**. Again, enjoy excellent food, reunion with friends and colleagues and musical entertainment. Featured speakers will be **Sheriff Leroy Baca** and **LACERA CEO, Gregg Rademacher**. See **page five** for more information and the registration form.

Senior Services

Cynthia Banks, Director of the County Department of Community and Senior Services has submitted a highly informative article, beginning on **page nine**. Of particular interest to retirees are the varied services provided for seniors.

Horse Races

On October 10 RELAC members and guests will be enjoying a day at the **Santa Anita Races**. Once again there will be good food as well as the opportunity to cheer on your favorite horse. See **page five**.

Bylaw Amendments/ General Membership Meeting

On **page four** there are presented proposed amendments to the RELAC Bylaws. These will be voted on by the members in attendance at the **General Membership Meeting** to be held on December 10 at the city of Carson Community Center.



Investments Board

by Diane Sandoval
Retiree Representative,
LACERA Board of Investments



What a difference a year makes! Last year the portfolio returned 0.3% and fell short of the assumed investment earnings rate of 7.60%. This year (July 1, 2012 through June 30, 2013) staff has **estimated** the portfolio will return 12.1% **gross of fees**. This is good news since the investment return exceeded the investment earnings rate. As a reminder LACERA operates on a fiscal year basis (July 1-June30) not on a calendar year basis.

The **estimated** market value of the total portfolio as of June 30, 2013 was \$41.1 billion, an increase of \$2.8 billion compared to the market value a year ago (June 30, 2012) when it was 38.3 billion. **(Please note the return and market value of the portfolio as of June 30, 2013 are estimated and unaudited.)** The Audited Financial Statements reporting LACERA's financial condition for the fiscal years ended June 30, 2013 and June 30, 2012 will be available in October. Be assured I will report on the fund's financial condition in a future article.

For your information here is an **estimated** breakdown of the portfolio as of June 30, 2013:

Domestic Equity	25.8%
Fixed Income	23.7%
Non-US Equity	26.3%
Real Estate	9.3%
Private Equity	9.0%
Hedge Funds	1.2%
Commodities	2.7%
Cash	2.1%

In closing, I would be remiss if I do not mention the bankruptcy in Detroit and the possibility the pensions of city retirees may be cut by approximately 50%. As a reminder, over 30 years ago Los Angeles County (in concert with the unions) began managing its pension liabilities by introducing new retirement tiers for new hires thus reducing their costs. In addition, Los Angeles County has respected and followed State Law and has always paid its contributions at the rates recommended by LACERA's actuary. We can rest assured our pensions are safe.

LACERA's Actuary, Milliman, Inc., as directed by the Board of Investments, conducts annual valuations of the Plan to monitor the fund's liabilities and its funding progress. As you can see LACERA staff and the Board keep a close eye on the Plan's liabilities and funded status in order to ensure the Fund is able to pay the promised benefits.

Thank you for your continued support. Stay healthy and enjoy your retirement – you've earned it!



Membership/ Recruitment News

by Jason H. Williams, Chair
Membership/Recruitment
Committee



In each edition of RELAC's Newsletter, I've highlighted important information about RELAC which is intended to be (1) compelling to active and retired LA County employees to join our organization, (2) informative in reminding our members and prospective members about our primary mission – to enhance, maintain and protect LA County retirees' pension and medical benefits, and (3) instrumental in notifying our members about substantive changes -- as well as the importance of RELAC's both social and supplemental benefits. For this edition of the Newsletter, I will discuss a recent change and will give a prime example why active and retired LA County employees should join RELAC now!

RELAC News Article Appears On LA County CEO's Website (NEW CHANGE)

For the first time in history a news article written by RELAC about its background and why active and retired LA County employees should join appeared on page six in the July/August 2013 edition of the **Workplace Connection**, a digital newsletter on the LA County CEO's website. This website is accessible to all active and retired LA County employees. To access the **Workplace Connection** digital newsletter, go to: ceo.lacounty.gov/wpp and click on **Workplace Connection**.

This news article is the first of many future steps that will be taken by RELAC, with the outstanding assistance of the **CEO's Office of Workplace Programs**, to market RELAC to active and retired LA County employees. In September/October editions of both the RELAC newsletter and the CEO's **Workplace Connection**, the Membership/Recruitment Committee and I will continue informing readers of membership/recruitment news.

RELAC Annual Picnic -- An Outstanding Benefit of RELAC Membership!

Each year, RELAC puts on the biggest event of the year – The RELAC Annual Picnic! See **page three** for full details! **Last year, over 340 members and their guests attended!**

This year's picnic will be open to members and their adult guests with great food, line dancing to live entertainment, bingo, horse- shoe tossing, door prizes and free parking! All this for \$15.00 per person!

If you are **not** a RELAC member, but want to attend the picnic and be eligible for all membership benefits, please call the RELAC office at (800) 537-3522 and a membership application will be mailed to you. **REMEMBER, RELAC members must RSVP by September 13, 2013!**

Photos of the 2012 RELAC picnic will be found on page 11.

RELAC ANNUAL PICNIC

THE BIGGEST EVENT OF THE YEAR \$15.00 INCLUSIVE

OCTOBER 5, 2013

10:30 A.M. to 3:00 P.M.

Food, Fun, Entertainment
Raffle Drawing

ENTERTAINMENT
Provided by the Hyland Band
with Jennifer Gates

CATERED LUNCH -PICNIC SERVICES

LUNCH SERVED 11:45 am

- St. Louis Style Ribs
- Tender Chicken Breasts
- Hot Dogs
- Baked Beans
- Fresh Fruit (best in season)
- Cole Slaw
- Potato Salad
- Rolls & Butter
- Gourmet Cookies
- Brownies
- All the Soft Drinks &
Beer you can drink

BRING A FOLDING CHAIR
(If you want to sit closer to the music)

BINGO
(Back by Popular Demand)

**DRAWINGS
...AND MORE**

HORSESHOE TOSS

GREAT PRIZES

SANTA FE DAM - Recreational Area #5
15501 E. Arrow Highway, Irwindale
Free Parking

**MEMBERS &
ADULT
GUESTS**

~ Adults Only ~

October 5, 2013 ANNUAL PICNIC REGISTRATION FORM

~ Adults Only ~

Member _____

Address _____

City _____ State _____ Zip _____

Guests/Names _____

Please Provide Names of Guests – attach list if necessary

No. of tickets _____ @ \$15.00 ea. = \$ _____ Total

Mail to: RELAC
1000 So. Fremont Ave., Unit 15
Alhambra, CA 91803-8802

Info: (626) 308-0532
(800) 537-3522
Email: admin@relac.org

Present RELAC Membership Card at entrance to park. **NO admission without advance registration.**

RSVP by September 13, 2013

RELAC Members to Vote on Proposed Bylaw Amendments

by Ed Morris
Chair, Bylaws/Nominations/Elections Committee

Upon review of the RELAC Bylaws, your Bylaws/Nominations/Elections Committee is recommending two proposed amendments. These recommended changes will require the approval of the general membership. The call for the vote to approve such amendments will be made at the General Membership Meeting to be held on December 10, 2013 at the City of Carson Community Center. Following are the proposed amendments:

ARTICLE II - MEMBERSHIP, SECTION 1 - REGULAR MEMBERSHIP

Current Bylaw reads: All retired persons who were previously employed by the County of Los Angeles or any of the special districts under the direction of the County Board of Supervisors, and who are members of the Los Angeles County Employees Retirement Association, hereinafter referred to as LACERA, are eligible for regular membership.

Proposed Amendment: All persons who are retirees or beneficiaries of LACERA are eligible for regular membership.

ARTICLE V - BOARD OF DIRECTORS, SECTION 4 - VACANCIES, PARAGRAPH (C)

Current Bylaw reads: A position of Director on the Board shall be considered automatically vacated if the incumbent fails to attend two (2) consecutive meetings without prior justification to the President.

Proposed Amendment: A position of Director on the Board shall be considered automatically vacated if the incumbent fails to attend two (2) consecutive meetings without prior justification to the President **or fails to attend twelve (12) consecutive business meetings for whatever reason, excused or non-excused.**



RELAC Board member Mary Lou Banger wishes Dave Kalinger a happy 100th birthday.

Celebration of Dave Kalinger's 100th Birthday

Dave Kalinger, long time member of RELAC's Board of Directors and only the second person to be named Emeritus Director, had his 100th birthday party on July 26. Dave is a veteran of World War II. For many years he served with distinction as RELAC's Treasurer.

More than 100 friends and former County and RELAC colleagues attended the festive party. The theme was the baseball team, the Los Angeles Angels, Dave's favorite. Representatives of the Angels' organization were present. And there was musical entertainment.

VEHICLE LOANS

RELAC Members
Join and receive a free gift!**

Vehicle Loans

as low as

1.99 % APR*

- Loan approval within minutes
- New Vehicle Loan Rates as low as 1.99% APR*
- Rate includes a discount of .25% for automatic payments from your Southland Checking
- Repayment terms up to 7 years
- Finance up to 120% of the purchase price with tax, license, and insurance

Southland
CREDIT UNION



Membership is subject to eligibility. All new accounts will be verified through ChexSystems and are subject to credit approval. *APR=Annual Percentage Rate. Rate quoted as of 8-1-13 for a 72-month term. Rate includes a .25% discount for autopay from a Southland Checking or Money Market Account. The monthly payment is \$14.75 per \$1,000 at 1.99% for 72 months on new vehicles. The monthly payment is \$14.25 per \$1,000 at 5.24% for 84 months on new vehicles. Other rates may apply based on your individual credit profile. Loans made subject to credit and vehicle qualification, other fees and conditions may apply. Rates are subject to change without notice.

www.SouthlandCU.org • 800.426.1917

Regional Activities and Special Events

by Diane Sandoval
Chair, Regional Support/Special Events Committee

It was a pleasure seeing you at our recent regional meeting in Huntington Beach. This was our last meeting for the year. Our committee is busy planning and determining venues for future meetings in 2014. Our year is not over!

MARK YOUR CALENDARS:

Annual Picnic – Saturday October 5, 2013

Cost per person is same as last year - \$15.00 per person. Look for the flyer on page three and send in your reservation and check today. Deadline to send in your reservations is **September 13, 2013**.

Annual Recognition Luncheon – January 16, 2014

Our keynote speaker is the Honorable Los Angeles County Sheriff Lee Baca (confirmed). RELAC is honored to have him speak at our luncheon. Speaking following Sheriff Baca the LACERA Chief Executive Officer, Gregg Rademacher, will update us on the latest developments at LACERA.

Please plan to attend and enjoy a delicious lunch featuring a choice of Pancetta Oven-Roasted Chicken or Roast Beef while reconnecting with old friends and co-workers. RELAC has kept the cost the same - \$15.00 per person. The luncheon will be held at Almansor Court in Alhambra. **The reservation form is below .**

Please remember RELAC is always interested in your suggestions for topics of interest to you and possible venues for future meetings. Call and let us know how we can better serve you. Stay safe!

RELAC "DAY AT THE RACES" SANTA ANITA PARK

Thursday, October 10, 2013

by Mary Rodriguez
Chair, Recreation Committee



**LAST CALL
FOR RESERVATIONS**

Hello everyone,
It is that time of year again and beautiful Santa Anita Race Track is beckoning you all to celebrate RELAC's annual "Day at the Races" with us. We have again asked to be seated in the Sierra Vista Terrace which has an outstanding view of the track. The cost (which is supplemented by RELAC) is \$35.00 and includes admission, a racing program, a delicious buffet lunch, a seat at a table with a private TV monitor, and valet parking (something we all appreciate). **The parking and admission gates open at 10:30 a.m., post time is 1:00 p.m. and lunch will be served between 12:00 noon and 2:00 p.m.**

Last year we had over 150 enthusiastic race fans in attendance and everyone had a wonderful time -- especially the winners! Let's do it again!

Please fill out the coupon and send your check to RELAC as soon as possible. The reservation deadline is Tuesday, October 1, 2013. Your tickets will be mailed to you on Thursday, October 3, 2013.

Our space is limited -- don't be left out. Hope to see you there!

RESERVATION FORM Annual Recognition luncheon January 16, 2014 - Almansor Court, Alhambra, CA

Member _____
Spouse/Guest _____
Address _____
City _____ State _____ Zip _____
Guests(s) _____

(Attach additional sheets if necessary)

A. Pancetta Oven-Roasted Chicken

Member/Spouse	_____	\$15.00/ea =	\$ _____
Guest(s)	_____	\$15.00/ea =	\$ _____
		TOTAL A	\$ _____

B. Prime Rib of Beef

Member/Spouse	_____	\$15.00/ea =	\$ _____
Guest(s)	_____	\$15.00/ea =	\$ _____
		TOTAL B	\$ _____
		TOTAL ENCLOSED	\$ _____

Make check/money order payable to "RELAC" and mail to:
RELAC
1000 So. Fremont Ave., Unit 15
Alhambra, CA 91803-8802

NO LATER THAN JANUARY 7, 2014

We regret we are unable to refund payments on cancellations received after January 13, 2014.

RELAC DAY AT THE RACES Santa Anita Park Thursday, October 10, 2013

Name: _____
Address: _____
City/State/Zip: _____
Telephone Number: (_____) _____
Number of Tickets _____ @ \$35.00 ea.
Total Amount Enclosed = \$ _____

Enclose a check for your total payable to RELAC and mail to:
RELAC
1000 South Fremont Avenue, #15
Alhambra, CA 91803-8802
Must be received by October 1, 2013



Welcome New Members



June & July 2013

Board of Supervisors
Machen, Cynthia G.

Chief Executive Office
Valley, Carol J.

Child Support
Tuggle, Alice J.

Children & Family Services
Mitchell, Faye
Price, Anna B.
Schlieper, Jay

Coroner
Sathyavagiswaran, Lakshmanan

Court Reporter
Campos-Gil, Kathrynne J.
Shikata, Jean K.

District Attorney
Espinosa, Margarita
Frisk, Velma G.
Lovato, Yvonne
Powell, Marisa I.

Facilities Management
Nicolas, Johnny V.

Fire
Blum, Ronald
Brisson, Kerry
Buchanan, David
Harkins, William
Jones, Blake
Nichols, Linda
Ramirez, Peter
Saltmarsh, Dave
Varela, Ernest

Harbor/UCLA Medical Center
Burris, Vickie

Health Services
Cardenas, Claudette
Doby, Maurice Jr.
Johnson, James
Manalansan, Eufrocinita
Mann, Betty
Matsuda, Kiyoshi
Monfils-Clark, Maud
Saxena, Sunita

Health Services Admin
Jones, Rosie M.

Internal Services
Coleman, David
Darakjy, Mary
Green, Larry

LACERA
Denem, Rosetta

LAC+USC Medical Center
Andrews, Patricia A.
Killeen, Jacqi E.
Mendoza, Josefina
Panettiere, Penny

Mental Health
Aceves, Manuel Armando
Bafiera, Hermine
Crimin, Susan K.
Stokes, Sharon A.
Williams, Karen J.
Wright, Rita L.

Olive View Medical Center
Pilkinton, Vernell A.

Parks & Recreation
Campos, Santiago C.
Orosco, Joe

Probation
Clark, Tommy J.
Laney, Lynette
Lee, Patricia A.
Macedon, Vern A.
Salas, Alma R.
Streets, Derrick W.
Thomas, Vernon E.
Van Hoff, Thomas

Public Defender
Cervantes, Charles J.

Public Health
Dyer, Linda G.
Kuhlman, Dolores
Lopez, Ralph
Martinez, Irene
Martinez, Lydia R.
Woods, Annie Marie

Public Library
Blair, Sarala D.
Kurtz, Holly

Public Social Services
Callahan, Michelle L.
Chidueme, Emmanuel C.
Herbertson, Mai
Gentry, Maria C.
Jasso, Josefina F.
Key, Dolores Gayle
Manalansan, Bienvenido F.
Morgan, Tomiko
Padilla, Bertha
Riley, Bonnie Marie
Windsor, Stephen
Williams, Martha R.

Public Works
Gonzales, Michael
Hawkins, William F.
McAdam, Robert T.
Osborne, George
Sepulveda, Jose L.
Thurrow, James S.

Rancho Los Amigos
Alday, Betzade M.
Anaya, Maria C.

Registrar-Recorder/Co.Clerk
Abrom, Gwendolyn C.

Sheriff
Clinkscales, Wilynn
Fuentes, Vilma A.
Groves, Scott L.
Mack, Peter J.
Nevarez, Paul
Ruiz, Raymond E.
Taylor, Cynthia J.
Tom, Richard

Superior Court
Goldstein, Barry
Gosnell, Julie
Tillman, Debbie I

Treasurer/Tax Collector
Lucas, Debra
Madden, Ann R.

Department Not Designated
Hewitt, Benton
Jaramillo, Leonila
Lee, Kay
Odicio, Victor
Tait, Connie Lee

**New Active Working Members
Community & Sr. Services**
Calhoun, Mary L.

Public Works
Lutz, Teri L.

New Associate Members
Blum, Sondra
Brisson, Cherie
Campos, Mercy
Chidueme, Benedette
Coleman, Janice
Doby, Brenda
Frisk, Roger
Gentry, Daniel
Gil, Robert A.
Gonzales, Karen
Gosnell, Robert
Green, Shannon
Groves, Ellenore
Harkins, Denise
Hawkins, Sandra M.
Hewitt, Edna
Hyde, Mary
Jasso, Custodio
Johnson, Phyllis M.
Jones, Deborah
Kulhman, Joel
Lakshmanan, Vijayalakshmi
Lee, Tong G.
Lopez, Domie Mary
Madden, Wayne
Manalansan, Zenaida
Manalansan, Conrado
Mann, James
Matsuda, Christine
Mendoza, Andres F.
Nevarez, Veronica G.
Nicolas, Felicitas T.
Noland, Gail L.
Odicio, Piedra
Orosco, Sandra
Padilla, Jake
Panettiere, Vincent
Paul, Linda
Pilkinton, Harold D.
Powell, William W.
Powell-Streets, Sharon
Ramirez, Pearl
Ruiz, Joan
Sepulveda, Yolanda
Thurrow, Kathryn
Tillman, Roscoe
Tom, Cynthia E.
Van Hoof, Therese
Varela, Velia
Wedlow, Donna K.
Williams, Byron A.

RELAC NEWSLETTER

Vol 48 - Sept/Oct 2013
Number 5

Retired Employees
of Los Angeles County
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Unit 15, Alhambra, CA
91803-8802
(626) 308-0532
(800) 537-3522
Fax (626) 308-2901
E-mail: admin@relac.org

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Office Hours

9:00am - 4:00pm

Monday - Thursday

Closed Friday, Saturday,

Sunday &

Public Holidays

website:

www.relac.org

Golf News

By Gil Sandoval
RELAC Golf Director



Los Verdes Golf Tournament

August 5, 2013

We had a very competitive day at Los Verdes with the "A" and "B" flights closely contested. In the "A" flight Michael Hernandez edged out Tony Asuncion and Mike Haile by one stroke winning with a net 64. Tony beat Mike in a card off for 2nd place.

The "B" flight was a similar match as Carlos Martinez won with a net 65. Jim Guild took 2nd in a card off with Del Gamble as they both had a net 66.

John Wehrly won the "C" flight with the low net of the day with a 60. He easily out distanced Sid Dole's nice net of 66 which put him in 2nd place. Art Moronez took 3rd with a net 68.

Charlene DeBie brought her a game to win the Ladies Flight, shooting a nice net 66. New player, Marjorie Kelly, placed 2nd with a net 72 and Cari DeBie, Charlene's daughter, took 3rd place with a net 75.

The next tournament will be a 7:00 a.m. shotgun start so everyone must be there ready to play at 6:45 a.m.

Los Verdes Results:

"A" Flight Winner (19 and Under)

1st Michael Hernandez (64)
2nd Tony Asuncion (65)*
3rd Mike Haile (65)

"B" Flight (20-27 Handicaps)

1st Carlos Martinez (65)
2nd Jim Guild (66)*
3rd Del Gamble (66)

"C" Flight (28 up Handicaps)

1st John Wehrly (60)
2nd Sid Dole (66)
3rd Art Moronez (68)

Ladies

1st Charlene DeBie (66)
2nd Marjorie Kelly (72)
3rd Cari DeBie (75)

**Winner in a card off*

Closest to the Pin on Par 3's

Men # 3 - Michael Hernandez
5 - Jim Abbott
#12 - Jim Abbott
#17 - Benny Martinez

Women # 3 - Cari DeBie
5 - Cari DeBie
#12 - Charlene DeBie
#17 - Charlene DeBie

NEXT TOURNAMENT - Monday, October 7, 2013
Lakewood Golf Course, 7:00 a.m. Shotgun Start
Entry Deadline: September 16, 2013

RELAC Golf Entry Form



Lakewood Golf Course
3101 E. Carson Street
Lakewood, CA 90712

Monday, October 7, 2013
7:00 a.m. Shotgun Start

Please Print

1. Name _____

Address _____

City _____ Zip _____

Phone _____

Fees: \$32.00 PER GOLFER - CART EXTRA
If possible, place me in a foursome with below listed
golfers. Addresses of all golfers MUST be included.

If possible, we would prefer an
Early _____ Late _____ starting time.

2. Name _____

Address _____

City _____ Zip _____

Phone _____

3. Name _____

Address _____

City _____ Zip _____

Phone _____

4. Name _____

Address _____

City _____ Zip _____

Phone _____

NOTE: Only ONE GUEST per member.
Enclose check for _____ golfers @ \$32 per
Golfer. Make checks payable to RELAC. Mail
entry to RELAC, 1000 So. Fremont Ave., #15,
Alhambra, CA 91803-8802

Entry Deadline
September 16, 2013
ALL CHECKS MUST BE
IN RELAC OFFICE

Members Spotlight

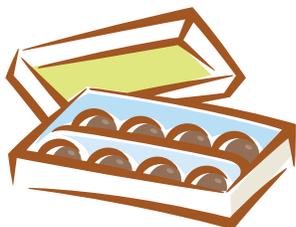


An Invitation from Sisters Together in Retirement (STIR)

VIEJAS INDIAN CASINO ANNUAL FUND RAISER

On October 22, 2013, Sisters Together in Retirement (STIR) will be holding their 12th annual trip to Viejas Indian Casino located in the Cleveland National Forest, San Diego. We will be traveling to the casino via bus from two locations, Hawthorne and Lakewood. The Hawthorne bus will depart at 9:00 a.m. sharp and the Lakewood bus will depart 15 minutes later. Return arrival time at Lakewood is 7:00 p.m. and return arrival time at Hawthorne is 7:30 p.m. The cost for the trip is \$12.00 per person and includes a continental breakfast, games and prizes.

For more information please contact Wivory Brandle at (323) 296-2370 or Katie Cochran at (310) 608-0687.



See's Candies Discount for RELAC Members

Some holiday traditions are just too good to abandon! As in the past, See's Candies will honor your RELAC Membership Card to confirm eligibility for special holiday discount rates for their products. These discounts apply to pre-boxed candies of milk chocolates, dark chocolates, soft centers, assorted and nuts and chews in one pound or larger quantities. Significant discounts also apply to their fancy gift boxed candies and specialties which make great gifts for the kids!

Simply call (800) 877-7337, tell the See's representative you are a RELAC Member, where you live, and ask for the location of the quantity order shop nearest your home. Be prepared to show your RELAC Membership Card at time of purchase. Our organization's discount eligibility is confirmed beginning December 1, 2013 through October 31, 2014.

THE AMERICAN CANCER SOCIETY IS SEEKING VOLUNTEERS TO DRIVE CANCER PATIENTS

The American Cancer Society is seeking volunteers for its Road to Recovery Program. Volunteers are needed between 9:00 a.m. - 5:00 p.m. during the week to drive patients to and from treatment. A valid and current driver's license, a safe driving record, and a valid insurance policy are required. The American Cancer Society will provide a training session for new volunteers and other ongoing learning opportunities throughout the year to help volunteers be the best cancer support resource that they can be.

Road to Recovery volunteers arrange their own schedules, with some volunteering as little as one afternoon a month and others driving people as often as three to four times a week. If you have a car and some spare time, you can help someone keep a very important appointment.

For more information about the Road to Recovery Program or to find out about other volunteer opportunities, contact your American Cancer Society at (800) 227-2345; contact name: Portia Jones at (310) 348-0357/Portia.Jones@cancer.org.

Volunteers Sought for County Victim-Witness Assistance Program

The Los Angeles County District Attorney's Office, Victim-Witness Assistance Program seeks volunteers to work with law enforcement agencies and court systems to provide services and assistance to crime victims. If you would like to play an important role in providing advocacy, clerical and court support and resource referrals to victims and witnesses of crime, please call Wayne Mack at **1-800-380-3811** for more information. Applicants must be in reasonably good health, pass a background check, complete a comprehensive six-hour training program and be available for at least 16 hours per week during normal business hours. Every effort will be made to place volunteers in their desired geographic or special interest areas.

REQUEST FOR EMAILED NEWSLETTER

Please send me future issues of the RELAC Newsletter by email only until further notice

Name _____

Address _____

Email Address _____

Mail to: RELAC
1000 S. Fremont Ave., Unit 15
Alhambra, CA 91803-8802

Or Email: admin@relac.org

County Services to Seniors and Call for Volunteers

by Cynthia Banks
Director, L.A. County Community and Senior Services

Let me begin by thanking you for your warm welcome and reception at your April Member Meeting. It was an honor and pleasure to address you all. As I shared, I am the Director of Los Angeles County Community and Senior Services (CSS). Many of you were not familiar with our Department, how we work with the community and how you can help us.



I am extremely proud of the work we do in our Department for seniors in the County. CSS provides a valuable life connection to County residents by offering a wide variety of community-based services. Many of our services pick up where other agencies drop off. Our services are not needs-based and are, therefore, accessible to all. We deliver services to youth, adults and seniors that promote independence, dignity, choice and well-being.

CSS' programs are administered by our Area Agency on Aging (AAA). Established in 1975 by the State of California, the AAA is responsible for identifying unmet needs as well as planning, coordinating and implementing programs that promote the health, dignity and well-being of our older residents. We contract with 49 community agencies to deliver services that promote independent lifestyles such as senior lunches and home-delivered meals, nutrition programs, care management and home-based care. Each year we provide over two million meals. These are fresh meals prepared in over 30 large cooking facilities. About one million of these meals are delivered to home-bound seniors. Every day, drivers on more than 100 routes deliver these meals throughout the County. Many other seniors go to our senior/community centers to get a hot meal and socialize.

Many of you may be familiar with the Los Angeles County Commission for Older Adults (LACCOA). This commission was established to advocate and make recommendations regarding the needs and welfare of L.A. seniors aged 60 and older to our Board of Supervisors and departments that provide services to seniors regarding their needs, health, well-being, and rights. This group meets once a month and the recommendations they have shared with us have

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RV Outing Notes



Ed Clifton
Coordinator of RV Club



Since our club has no outings planned between May and September, there is nothing to report. Our next campout will be on September 9-10-11, 2013 at the Chula Vista Marina and RV Resort in Chula Vista. The coupon for that outing was published in the last newsletter with a deadline of August 1, 2013. Always remember if you lose or misplace your newsletter and/or the coupon for the next outing, both can be downloaded from the website at www.relac.org. Also, if you have any questions or need more information about our upcoming events, give me a call at (562) 428-3360. The coupon for our October outing at the Shadow Hills RV Resort follows:

R.V. CAMPOUT RESERVATION

CAMPGROUND: SHADOW HILLS RV RESORT
40-655 Jefferson Street
Indio, CA 92203

DATES: Oct. 21-22-23, 2013 Early Day Oct. 20, 2013

Names: _____
(Last) (Retiree) (Spouse)

Address: _____
(No.) (Street)

City: _____
(State) (Zip)

Telephone: () _____

DEADLINE: SEPTEMBER 16, 2013

Cost: \$135.00 for three days; \$44.00 extra for early day.
Make Early Day Reservation through Wagonmaster.

Make checks payable to Ron Morgan and mail to:

Ron Morgan
5845 Pageantry Street
Long Beach, CA 90808
Phone: (562) 421-8516

Motor Home _____ Trailer _____ Length _____

For Sale

LAND FOR SALE – Five (5) plus acres near Grass Valley, CA. Power, phone, well in place and septic tested. Asking \$89,000. Contact ceklasd@earthlink.net.

1995 XJS JAGUAR CONVERTIBLE – 6 cylinder, white with tan top, excellent condition, 53,000 original miles. Asking \$16,000. Call (760) 202-6362 for more information.



FOR RESERVATIONS AND INFORMATION CONTACT
GREAT WESTERN TOURS * 1-800-344-7090 * 1-626-578-1161
CA SELLER OF TRAVEL #1019830-40

Grand Canyon Excursion
October 25-28, 2013

Los Angeles - Williams, AZ - Grand Canyon - Laughlin
4 Day Deluxe Motorcoach Tour with rail trip to Grand Canyon ♦ No Air Travel ♦ 3 Nights Hotel Accommodations (2 nights of this is on the rim of the Grand Canyon) ♦ 5 Meals: 3 Breakfasts, 2 Dinners ♦ Hermit's Rest Tour ♦ Route 66 Museum ♦ Tax & Baggage Handling
Priced from \$799.00 Per Person - Twin Sharing (Single Available)

**Petroglyphs of the
Coso Range**
November 1-3, 2013

China Lake Naval Weapons Center
3 Day Deluxe Motorcoach Transportation ♦ 2 Nights Hotel Accommodations
6 Meals: 2 Breakfasts, 1 Boxed Lunch, 1 Lunch, 2 Dinners ♦ Wild Horse & Burro Corral ♦ Maturango Museum ♦ U.S. Naval Museum of Armament & Technology ♦ Stop in Randsburg - 'Living Ghost Town' ♦ Guide Tour of the Petroglyphs Canyon
Priced from \$595.00 Per Person - Twin Sharing (Single Available)

Death Valley
March 9-12, 2014

*Amargosa Valley - Lower and Upper Death Valley which includes
Zabrike Point, Devils Golf Course, Ubehebe Crater, Badwater, Harmony
Borax Works*
4 Day Deluxe Motorcoach Tour ♦ 3 Nights Hotel Accommodations
8 Meals: 3 Breakfasts, 2 Box Lunches, 3 Dinners ♦ Tours of Amargosa Valley & Death Valley ♦ Admission Scotty's Castle ♦ Tax & Baggage Handling
Guided Tour by 'Mr. Death Valley' Dave Heffner
Priced from \$699.00 Per Person - Twin Sharing (Single Available)

via Rail on The Canadian
April 29-May 3, 2014

Toronto to Vancouver
5 Day Canada Rail Journey ♦ International Airfare LAX/Toronto - Vancouver/LAX ♦ Welcome Dinner in Toronto at CN Tower with its 360° View
4 Nights aboard via Rail's 'The Canadian' ♦ Total of 12 Meals: 4 Breakfasts, 4 Lunches, 4 Dinners ♦ Stops Include Winnipeg, Saskatoon, Edmonton, Jasper, Kamloops & Steveston Village
Priced from \$2499.00 Per Person

Alaska The Great Land
June 11-18, 2014

Fairbanks, Denali, Anchorage - Seward
8 Day Deluxe Motorcoach Tour ♦ Round-Trip Airfare LAX to Fairbanks ♦ 7 Nights Hotel Accommodations ♦ 16 Meals: 7 Breakfasts, 4 Lunches, 5 Dinners
Gold Dredge #8 Tour ♦ Sternwheel Discovery Cruise ♦ Univ. of Alaska Museum ♦ Guided Tundra Wilderness Tour of Denali National Park ♦ Portage Glacier Cruise ♦ Scenic Float on the Kenai River with views of the scenic Kenai National Wildlife Refuge ♦ Kenai Fjords National Park ♦ Resurrection Bay Wildlife Cruise Tour ♦ Pricing Yet to be Determined

A RELAC discount will be deducted from all tour prices featured on this page.

All programs above feature LA Region transfers to/from airport or pier (mileage cap applies). Prices include applicable port fees, government taxes, fuel surcharges and are per person, twin sharing. Single rates are available.



Letters To The Editor

Dear Board and Volunteers: I just wanted to thank each of you for all of the effort and hours of long, hard work that you displayed at the General Membership Meeting held in Torrance on June 18, 2013. Each of you should be proud of your contributions to this organization as it was certainly proven by way of attendance and quality of subjects you presented. You are invaluable... and the membership of this organization reaps the benefits! Thank you also for the raffle prize gift card. What a surprise! I look forward to the next meeting.

Lorraine Kaono
Wilmington, CA

Dear Bill and RELAC Board: Thank you for your hard work on behalf of Los Angeles County retirees. We read our RELAC Newsletter from cover to cover and see so many familiar names of former co-workers. Like you, I have been a Frank Sinatra fan from childhood (thanks to my parents) and your recommendation to listen to "Sundays with Sinatra" was such a delight. We have not changed the station yet! Love 88.1 Jazz. Thank you! I will never forget, many years ago, when I worked for Supervisor Debs calling you at Parks and Recreation. Bill, you were so kind to provide trophies for the Pop Warner teams in Wilmington. You brought such joy to so many boys that year. It was your hard work and kindness that encouraged those young men and girls to strive to do better. Again, my thanks for your continued hard work on our behalf. Regards to Ed Morris, who worked with me at the Treasurer & Tax Collector; Diane Sandoval, a long ago friend; and Mary Lou Bangar, who worked with me in the Executive Office of the Board of Supervisors. Be well. (Eleanor retired from the Board of Supervisors after 40 years of service and Joe retired from County Engineer/Public Works after 40 years of service.)

Eleanor and Joe Aguilar
Seal Beach, CA

Thank heaven Diane Sandoval, Retiree Representative, LACERA Board of Investments, states that she is "conservative" in her investment views. I enjoyed her comments in the July/August 2013 issue of the newsletter and find it depressing that the other members of the Investment Board do not seem to get the message. Manipulating numbers is a dangerous game, as elected officials should know. Thank you.

Jeanne Thompson
Santa Cruz, CA

Dear RELAC friends, Your kindness means so much – the newsletter especially keeps us all up to date on legislation that is of concern to us, activities, special events, etc. I love the pocket secretary but wonder if it would be possible to include a full two years. Many things happen from July thru December and we need a place to note what is coming up. Thanks again for the exemplary service!

Maxine Hays
Folsom, CA

Thank you for a very good meeting this morning at Huntington Beach. Even though the planned speaker did not show up I learned a lot from the retired Los Angeles County Sheriff; I will soon be putting many of the things he spoke about into practice. Thanks for the goodies too!

Rita Lockridge
Westminster, CA

Thank you for the lovely birthday card. Your thoughtfulness and excellent management is very much appreciated.

Freda Katz
Los Angeles, CA

I have attended the yearly picnic/barbeque at the Santa Fe Dam. I am glad to know that this year we will again be served ribs and potato salad. You guys (people) do a great job! I am looking forward to participating in other activities.

Mary Henry
Diamond Bar

Thanks for your birthday wishes and for the remembrance. You really brightened my day! My thanks also to all the RELAC members and staff.

Mandel Ainsworth
Pasadena, CA

Scenes from 2012 Picnic



At 2012 RELAC picnic line dancers are led by entertainer Jennifer.



Picnicers enjoy bingo and good food.



Animal Care and Control Retirees and their Spouses Eloy and Terri Morris, Leon and Jean Taylor, Ed and Theresa Turner enjoy the festivities.

News From LACERA

by JJ Popowich
Assistant Executive Officer

I hope everyone is doing well and enjoyed their summer.

We just finished up the first phase of a huge project to switch custodian banks here at LACERA. A custodian bank is a special type of bank that keeps track of all of our financial transactions as well as acts as the financial institution that we use to conduct normal day-to-day business operations. The most important of these day-to-day operations, of course, is the monthly payment of retiree benefits.

LACERA has used the Bank of New York Mellon as our custodian bank for many years. After an extensive review of custodian banks, the Board of Investments selected State Street Bank and Trust to be our new custodian bank. As you can imagine, it is a monumental task to ensure that almost \$40 billion in assets and records are moved from one financial institution to another and then to ensure that the first payroll run is successful. We are proud to report that we have verified all the assets made the transition and we were able to complete our first payroll run at the end of July. We will continue to pay the promised benefits on time just like always.



This is a story that is a great example of the tremendous work our staff does every day to ensure that we meet our goal of paying the promised benefits. It also is a perfect opportunity to share an important reminder for all retirees to keep LACERA updated on any changes in their status.

One of the quality control tasks for this transition was to test the direct deposit process before the end of July to verify that there would be no problems. In early July, State Street conducted what is called a "pre-note" process for direct deposits. This process sends a \$0.00 transaction from State Street (LACERA) to the bank account of each member who is set up to be paid by direct deposit. The member's bank, in turn, confirms receipt of the transaction or rejects the transaction with a reason code. By the way, this is the same process that LACERA initiates whenever a member sets up direct deposit with a new account the first time.

Sometimes the member's bank will accept the transaction and use this process to notify LACERA that there has been a change to the member's account that needs to be updated in our system. For example, banks sometimes change account numbers as they grow and/or merge or a customer closes an account and opens another and they would use this process to notify LACERA of the change so that there is no impact to their customers (our members).

Our first test was very successful but we did have approximately 300 members whose pre-note was rejected by the financial institution because the account numbers didn't match the bank's records. You can imagine this set off all sorts of alarms at LACERA and a special team of staff quickly started an investigation to see what went wrong.

Cont. on p. 13

VISA CARDS



2.99% APR
Intro APR* for 12 months on purchases and balance transfers!

- No Annual Fee
- Real Time Fraud Monitoring**
- ZERO Liability**
- Identity Theft Assistance**
- and so much more!

Southland
CREDIT UNION

Membership is subject to eligibility. All new accounts will be verified through ChexSystems and are subject to credit approval. *APR=Annual Percentage Rate. 2.99% introductory APR for one year, based on your creditworthiness, available on Platinum cards only. After that, your APR will be 8.99% - 11.99%. This APR will vary with the market based on the Prime Rate. Classic cards APR of 14.99% - 16.99% based on your creditworthiness and will vary with the market based on the Prime Rate. Balance transfer, cash advance, foreign transaction, and other fees may apply. Offer is good through 10-31-13. Terms, features, programs, and conditions subject to change. **Program conditions and restrictions may apply.



www.SouthlandCU.org • 800.426.1917

Lacera cont. from p.12

Fortunately we have a great working relationship with our business partners. Working with the credit unions, we were able to determine that over the years these members' bank account numbers had changed. The financial institution didn't inform LACERA through the Automatic Clearing House (direct deposit process), nor did the member notify us that their account number had been changed. Together we were able to get the updated account numbers and enter them in our system to ensure that members received their direct deposit without any interruptions.

We also learned that this wasn't a problem in the past because the credit unions were manually processing the direct deposit files and routing funds to the correct account. However, they were looking for transactions from LACERA through Bank of New York Mellon. When we switched to State Street and did the pre-note they didn't recognize this as a "LACERA" transaction and rejected the transaction.

We also had about 15-20 members who had a special type of bank account set up that cannot be supported through the direct deposit process. These members had a pre-paid debit card account set up with a national credit union. The direct deposit process only supports checking or savings accounts. Just like the other credit unions, this national credit union was receiving the funds through the direct deposit process and manually routing the funds to the correct member's account. While this smaller group was not identified in the pre-note process, we discovered the problem when we issued the July benefits. Once we were notified the deposits were not accepted we quickly identified the problem and issued checks to these members to make sure they received their benefit.

The moral of the story is a reminder to all retirees who have a direct deposit payment arrangement to please remember to let us know if you change your bank account, even if you just change from one account to another account in the same bank. If you are thinking about changing your bank account and have a direct deposit set up; please remember that LACERA can only accept a checking or savings account for direct deposits. If you submit a change and the new account is not a checking or savings account it could cause a delay in receiving your benefit.

Also, it is very important to keep LACERA informed if you change your address and even if you change your phone number. If we do not have up-to-date information it could cause a delay in receiving your retirement benefit.

Well that's it for this edition. Until next time – enjoy your retirement – you deserve it.

County Services cont. from p.9

proven invaluable. (Most recently they have assisted us with the development of the Area Plan Update, which is our plan for delivering many of the services we offer through the AAA.)

CSS' 14 Community and Senior Centers are located throughout Los Angeles County. Our centers offer a diverse set of services and we have an eclectic schedule of classes and events in all our centers. Our centers strive to not only offer services but promote a healthy and safe social environment. We offer congregate meals; educational, social and recreational activities; fitness classes, and a variety of club and game rooms.

Not unlike other public entities, we face some challenges. One of those that our leadership has been trying to address is staffing. Yes, funding plays a role in this issue but there is also the social aspect tied to staffing; many of our employees are heading down the same path you all are on now - retirement. I think that all of you are part of RELAC because you want to be a part of something bigger than yourselves and our Department has a number of volunteer opportunities.

We may not be able to control the social dynamics and fiscal aspects that affect staffing but we can certainly prepare for this through Succession Planning. Succession Planning takes commitment and investment in our staff and ultimately commitment to services we provide to our constituents. I'm sure many of you left a great legacy behind in your previous County roles. This legacy not only consisted of the work you did but the people you trained, mentored, supervised and prepared to continue providing our residents the services they trust us to provide as public servants. These employees are your living legacy.

People a few decades ago were expected to shed their mortal coils when they were in their Sixties. Now we are seeing projects that mature adults in industrialized countries will live into their Eighties and Nineties. This may leave us wondering what we're supposed to do with the span of our lives after retirement. Many of you are traveling, golfing, and enjoying your lives. But for many, the vision of retirement and senior living is not what it was painted to be in the past. The mold of the senior/retiree has changed. In the advent of better health care and healthier lifestyles, a new breed of retirees is out there. You are active, volunteering, helping raise grandchildren, going to school, face booking, tweeting, and taking on second careers as teachers, counselors, or consultants; senior living has changed.

They say success is equal parts planning and opportunity. Your experiences, your time, and these new dynamics are valuable resources that we need to exploit for the benefit of our current County employees; we need to take full advantage of you. That's why I plan to start a Retiree Mentor Program in my Department to harness these resources. As we are required to do more with less, sometimes our managers are unable to dedicate the amount of time they would like to develop and mentor our employees. I plan on recruiting you and your experiences to help us fill these gaps. Many of our programs and services offer opportunities for you to volunteer and would benefit from your service. I want to take full advantage of your experiences and the opportunity offered by these changing dynamics.

Many of you have already heeded my call and volunteered to help out at our centers and provide your expertise in other areas in our Department. This speaks to the quality and generosity of RELAC members. Thank you again for all your graciousness; and if you are interested in volunteering, please feel free to e-mail us at info@css.lacounty.gov.

IN MEMORIAM

This list includes retired employees, both RELAC members and non-members.

Alcohol/Drug Pgms. Admin

Moore, Clarence F.

Agricultural Comm./Wts. & Meas.

Cravens, Archie T.

Assessor

Kemphorne, Roy M.

Loomis, George N.

McCarron, Eileen K.

Scott, Bill

Beaches & Harbors

Sutherland, Edwin

Board of Supervisors

Burton, Adam

Charities

Rapfogel, Gerson J.

Chief Executive Office

Gonzales, Joe R.

Raines, Frances A.

Child Support Services

Felder, Bobbye

Wilkerson, June S.

Children & Family Services

Falconer, Janet

Mares-Pineda, Ampie

Robinson, Christine

Shanin, Bernice H.

Shrikian, Kourken

Collections

Shibuyama, Midori

Communications

Danzer, Mary K.

Community Health

Bereal, Charles R.

Data Processing

Widney, Charles

District Attorney

Barrille, Jacqueline

Gomez, Jesus A.

Engineer

Blankenbille, Glen R.

Cappellanti, Albert

Nealy, Darnell

Fire

Adams, James L.

Hughey, William L.

Ishii, Elinor M.

Jordan, Theodore

Jury, Kenneth R.

Prantner, Joseph

Sigler, Lester T.

Stimson, Harrel P.

Wong, Jose

Flood Control

Thompson, William G.

Welch, Glenn F.

Harbor/UCLA Medical Center

Delehanty, Rita A.

Gumayagay, Maximo C.

Higashi, Miyoko

Moore, Robert

Smith, Lemuel W.

Van Aalst, Lucia E.

Health Services

McMillan, Wanda P.

Health Services Administration

Gorden, Carmen L.

Hyatt, Beatrice C.

Johns, Mary K.

Leung, Rosalind

Mc Cullough, Johnnie B.

Robins, Lutilda Y.

Schroeder, Robert J.

Internal Services

Galuhn, Richard

Henderson, Melodie M.

Howard, Douglas J.

McKneialy, Glancy

Williams, Travis A.

King/Drew Medical Center

Coleman, Barbara

Creekmore, Johnnie

Henry, James A.

Joya, Sol G.

Martinez, Joaquin

Teora, Mary A.

LAC+USC Medical Center

Gaines, Mary J.

Henry Jr., Virgil J.

Patirupananda, Tongon

Rodgers, Jimmy

Short, Anna B.

Shove, Marion H.

Williams, Doris

Woods, Fannie M.

Long Beach General Hospital

Whitsitt, Mattie D.

Mechanical

Reed, James C.

Slee, Glen H.

Mental Health

Bravo, Fred J.

Ewing, Mary V.

Fishman, Steven L.

Flanagan, Lina

Nishi, Chitose

Sirchuk, Carolyn

Stallworth, Ellen R.

Municipal Court

Davenport, Jeannel (South Bay)

Hardy, Rosemarie C. (Newhall)

Olive View/UCLA Hospital

Amlong, Earl R.

Claud, Gloria M.

Davis, Warren B.

Day, Mary F.

Fleischman, Allan R.

Macy, Alice L.

Zugher, Fred A.

Parks & Recreation

Drusen, Valence H.

Gutierrez, Pedro

McCabe, John O.

Nielsen, Howard G.

Speaker, Ruby

Thomas, Bobby L.

Probation

Anderson, Randall E.

Howe-Harris, Laura A.

Levin, Isador

Lopez, Donna

Mallon, Richard T.

Pinkard, Henry

Smith, Shirley M.

Velez, Alfredo

Walker, Helen

Public Defender

Robinson, Paula

Rumjahn, Howard

Thompson, Viola

Public Health Program

Lewis, Barbara

Mendoza, Patricia

Zuliani, Anne A.

Public Library

Jacobs, Betty J.

Jaque, Sarah M.

Lane, William M.

Public Safety

Parker, David

Public Social Services

Abrams, Vivian S.

Bennett, Katherine W.

Bryan, Blendine

Camangian, Pamfila

Cope, Harriet

Dobrin, Marian R.

Eggleston, Naomi E.

Hamby, Lawrence B.

IN MEMORIAM

This list includes retired employees, both RELAC members and non-members.

Harper, Marjorie E.
Hodges, Judy L.
Howard, Kathleen
Johnson, Carolyn E.
Lucero, Ernesto
Machuca, Adela M.
Morrow, Margaret H.
Okamoto, Clara W.
Price, Esther R.
Rosenthal, Margarita V.
Sanford, John L.
Smith, Corrine C.
Valadez, Frank G.
Weinberg, Patricia H.
Weisler, Florence L.

Public Works

Clark, William T.
Johnson, Lonnie M.
Juarez, Romulo F.
Meadows, Douglas
Owen, Robert L.
Reames, John T.
Robinson, Donald R.
Stone, Carolyn M.
Wingard, , Robert F.

Rancho Los Amigos Hospital

Brade, Marjorie
De Long, Mary P.
Gordon, Virginia M.
Moore, Christina M.
Quintanilla, Luis A.
Tanksley, Mary A.
Terakawa, Hironobu
Yamada, Suyenori

Reg.-Reorder/County Clerk

Tolentino, Dolores

Regional Planning

Svitek, Milan

Sheriff

Becker, Joseph C.
Erickson, Ronald W.
Hall, John F.
Harris, Gerald L.
Huff, Jacqueline
Johnson, Eunice D.
Kwiatkowski, Raymond J.
Louis, Lamartine
Mc Clung, Rick L.
Peck, Peter J.
Petersen, Steven C.
Rains, Stephen C.
Springborn, Paul W.

So. Cal. Air Pollution Control

Newmark, Paul

Superintendent of Schools

McClellan, Lillian M.

Superior Court/County Clerk

Francis, Elizabeth F.
Lefebvre, Jane K.
Reeff, Dorothy E.

Treasurer & Tax Collector

Villasenor, Arthur M.
Willard, Jess F.

Women's Hospital

Adell, Asrine
Fambro, Mary E.

Department Not Designated

Armijo, Zelma M.
Gibins, William F.
Linley, Francis
Rudnick, Harry

VETERANS CORNER

Who Makes Decisions for You if You're Incapacitated

by Mary Benzinger, Army Legal Assistance Attorney at the Pentagon Army and Air Force Legal Assistance Office

If you become incapacitated, even temporarily, and cannot make your own medical and financial decisions, who would do it for you? Without written documents nominating someone to handle your affairs, a court may be required to appoint a guardian for you. This sometimes costly court process is easily avoided with powers of attorney for your medical care and financial affairs. With a few documents in place your wishes will be followed and people you choose will handle your financial and medical affairs. Here are the disability and end-of-life planning documents you should consider having:

The "Living Will" – A Living Will, sometimes called "Advanced Medical Directive" is not a will at all. It is a brief document that expresses your desires for your care if you are terminally ill or in a permanent vegetative state. It does not appoint anyone to make decisions for you. You can address such issues as feeding and hydration, medical procedures, medication to be administered, etc. This document can be customized to suit your preferences or religious beliefs.

Appointment of Health Care Agent - This is a "durable" and "springing" power of attorney. It is "durable" because it does not expire on your incapacity like other powers of attorney may. More importantly, it appoints someone you choose, called your "agent" to make medical and end of life decisions for you if you cannot make those decisions yourself. Your agent's decisions must be consistent with the desires you have made known in this document or in your Living Will. This document gives broad powers to your agent to make medical decisions and to deal with medical personnel on your behalf.

Durable Springing Financial Power of Attorney

– Like the Appointment of Health Care Agent, this financial power of attorney only takes effect on your incapacity and continues in effect even after you are incapacitated. It is a seven-page document that expresses your broad financial desires and gives your agent broad powers to make financial decisions for you if you cannot make those decisions yourself.

For more information on disability and end-of-life planning contact an attorney in your area. Retired Soldiers and their ID card holder Family members may be eligible for free legal assistance. To find a legal assistance office near you, call your nearest military installation or go to <http://legalassistance.law.af.mil/content/locator.php>.

*Published in Echoes, Retired U.S. Army
Submitted by George Hernandez*





RETIRED EMPLOYEES
of LOS ANGELES COUNTY
1000 South Fremont Ave. Unit 15
Alhambra, CA 91803-8802

Return Service Requested

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General Membership Meeting

Mary K. Rodriguez, Chair, Program Committee



Tuesday, September 24, 2013

Ayres Hall

Los Angeles County Arboretum
301 North Baldwin Avenue, Arcadia, CA 91007

9:00 a.m. – Complimentary Refreshments

10:00 a.m. – Meeting Begins

Our keynote speaker will be
Robert Hill, Assistant Executive Officer, LACERA
"STATE of LACERA"

~ DOOR PRIZES ~

Please bring your RELAC Membership Card
At the end of the program members are welcome to tour the
Arboretum at no cost.



DRIVING DIRECTIONS:

From Route 210 Fwy. Going either east or west, exit at Baldwin Avenue. Proceed south on Baldwin Avenue 1/4 mile. Turn right into the first driveway and park in front of Ayres Hall.

From Huntington Drive. Go north on Baldwin Avenue 1 1/4 miles. Turn left at the traffic signal and enter the parking lot. Ayres Hall is located just off the northerly portion of the lot.

IMPORTANT!
*Are you moving?
Did you change your
name?*

Cut out the address portion of this newsletter, correct it and mail to:

RELAC
1000 S. Fremont Ave.,
Unit 15 Alhambra, CA
91803-8802 or
Phone:
(800) 537-3522
(626) 308-0532
Fax: (626) 308-2901
Email:
admin@relac.org
website:
www.relac.org

Note: It is important that you mail this to RELAC or contact RELAC by phone as we DO NOT receive your address change from LACERA.