



60 Years of Dedicated Service to L.A. County Retirees

RELAC newsletter

Your Pension and Health Care Watchdog

Sept/Oct 2018 53-5

President's Message

by Davie Muir

Pension reform continues to be aggressively pursued in response to the poor funding status of many public pension systems. CalPERS, the pension system for most state employees, currently struggles with an overall funding level of 68% as of June 30, 2017. In April of this year, CalPERS increased the state's pension plan contributions from \$5.9 billion to \$6.3 billion for fiscal year 2019. That means the state will have to send an additional \$400 million to CalPERS every year to help pay for the retirement benefits of CalPERS members.



Most local agencies in the state contract with CalPERS for pension benefits of their employees. The sizable unfunded liability of the CalPERS system has required CalPERS to dramatically increase the contributions required of cities and counties. This in turn has created very large funding issues for cities, counties and other agencies that contract with CalPERS. Media coverage has been extensive, pointing out the need for local agencies to increase revenues and/or cut back on services in order to make their CalPERS contributions.

Fortunately, we are not part of CalPERS. LACERA is a far, far different story and stands out as one of the prime examples of how a public pension system is run successfully without unduly burdening taxpayers. Our system is currently 83% funded, which, in the pension industry, is considered to be "well-funded." Of course, 100% funding is always better, and LACERA diligently works toward achieving that goal.

A large part of LACERA's success is attributable to the County Board of Supervisors, which several years ago refused to follow many other state pension sponsors who unwisely increased benefits that were unsustainable.

The viability of the County's finances is critically important to us as beneficiaries of LACERA. Were the County to enter into bankruptcy proceedings, our benefits would be at serious risk of being reduced. And there's very good news on this front. One of the major credit rating agencies, S&P, has revised its "outlook" on County finances as "positive." Joseph Kelly, the County treasurer and tax collector and a member of LACERA's Boards of Retirement and Investments, explains:

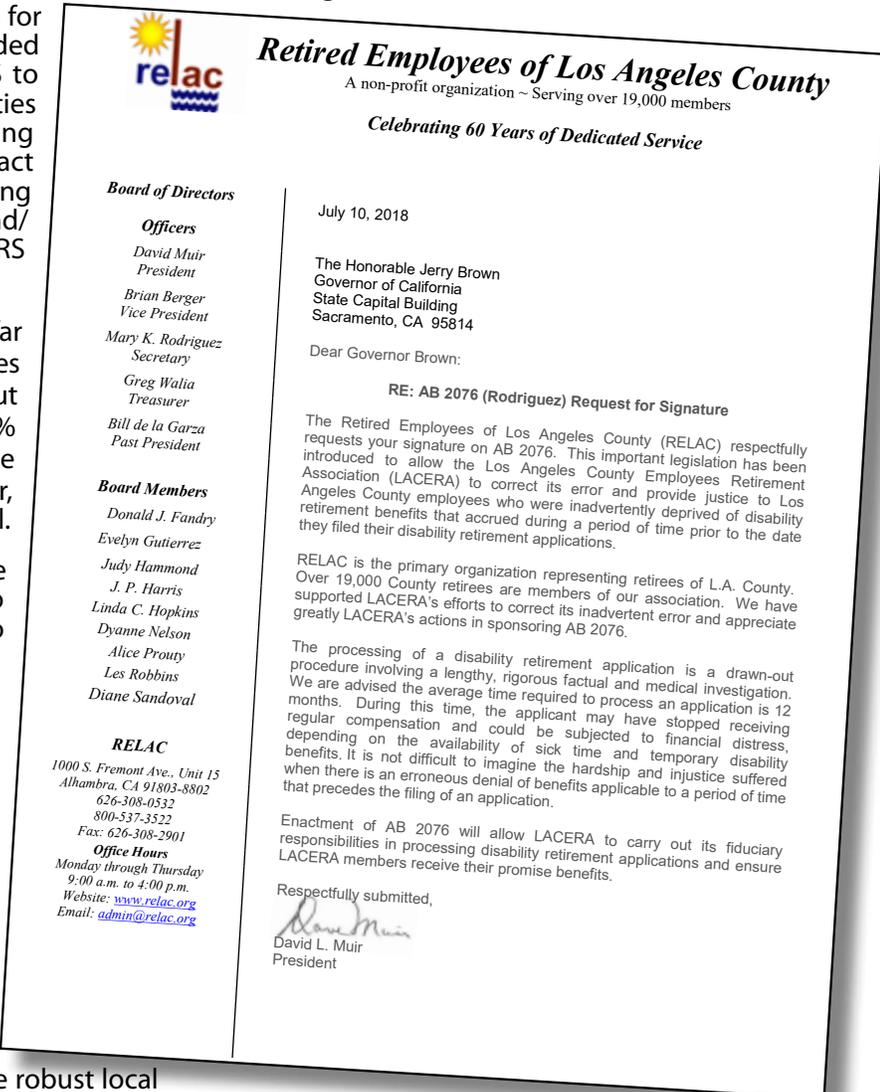
"A positive change in 'outlook' is usually a pre-cursor to a ratings upgrade. The County's current rating with S&P is AA+; an upgrade would be a rating of AAA. Yes, triple A!!! S&P stated the positive outlook reflected the robust local

continued on p. 4

Retirees to Receive Disability Benefits Erroneously Denied

Gov. Jerry Brown has signed AB 2076, legislation that will allow payment of approximately \$800,000 to more than 85 L.A. County retirees who were erroneously denied retroactive disability benefits over a two-year period. The law takes effect Jan. 1, 2019.

RELAC President Dave Muir led the effort to introduce the legislation and the RELAC Board of Directors endorsed the measure. Muir's letter to the governor is below.



Retired Employees of Los Angeles County

A non-profit organization ~ Serving over 19,000 members

Celebrating 60 Years of Dedicated Service

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Website: www.relac.org

Email: admin@relac.org

July 10, 2018

The Honorable Jerry Brown
Governor of California
State Capital Building
Sacramento, CA 95814

Dear Governor Brown:

RE: AB 2076 (Rodriguez) Request for Signature

The Retired Employees of Los Angeles County (RELAC) respectfully requests your signature on AB 2076. This important legislation has been introduced to allow the Los Angeles County Employees Retirement Association (LACERA) to correct its error and provide justice to Los Angeles County employees who were inadvertently deprived of disability retirement benefits that accrued during a period of time prior to the date they filed their disability retirement applications.

RELAC is the primary organization representing retirees of L.A. County. Over 19,000 County retirees are members of our association. We have supported LACERA's efforts to correct its inadvertent error and appreciate greatly LACERA's actions in sponsoring AB 2076.

The processing of a disability retirement application is a drawn-out procedure involving a lengthy, rigorous factual and medical investigation. We are advised the average time required to process an application is 12 months. During this time, the applicant may have stopped receiving depending on the availability of sick time and temporary disability benefits. It is not difficult to imagine the hardship and injustice suffered when there is an erroneous denial of benefits applicable to a period of time that precedes the filing of an application.

Enactment of AB 2076 will allow LACERA to carry out its fiduciary responsibilities in processing disability retirement applications and ensure LACERA members receive their promise benefits.

Respectfully submitted,

David L. Muir
President

Retirement Board

by Les Robbins
Retiree Representative
LACERA Board of Retirement



One of my duties at LACERA is to chair the Insurance, Benefits, and Legislative Committee. I obviously get a lot of questions and inquiries about our various retiree health insurance plans. One of the questions that I get more and more has to do with the current \$1 million lifetime cap in the Anthem Blue Cross II plan. Remember that if you are Medicare-eligible and enrolled in Anthem Blue Cross insurance, you can move into the ABC III Plan and there is no lifetime cap. However, if you are either not old enough for Medicare (65 years of age) or not eligible for Medicare, you will find yourself with a \$1 million lifetime cap if you are enrolled in ABC II.

As we all know, health care costs are not going down. Furthermore, the rate of increase has far exceeded the normal cost-of-living inflationary rises for many years, although we have seen some slowing in the past five years or so. This trend, however, is predicted to change in the near future. In the past we have seen the plan sponsor, Los Angeles County, agree to raise the lifetime cap on ABC II at least three times. While we see very few members hit the cap, we expect to see more of this in the coming decade. This should concern everyone who is enrolled in ABC II who can't move into the ABC III Plan. Part of the problem here was created when the County pulled out of Social Security in the early '80s. We still have some employees who will never be eligible for SSI, thus Medicare benefits, while we have employees who retire at 55 or 57 and who have to wait until they are age 65 to enroll in Medicare.

LACERA has been working with our staff and consultants for the past several years on this issue. We have crunched the numbers and believe that the cap can be lifted, either totally or incrementally, at a very affordable cost to the plan sponsor, Los Angeles County. The County, on the other hand, has crunched its own numbers and claims those numbers paint a very different picture with respect to the cost. We believe the County's numbers are flawed and do not accurately reflect what an increase in the cap would cost. Our LACERA health care consultants are in agreement with our assessment.

Unfortunately, our attempts to sit down with the county representatives have been met with a large degree of resistance. Much of the resistance seems to be emanating from the Chief Executive Office. We are hopeful that our continued efforts to move the CEO and her staff, who I can only assume are doing the business of the Board of Supervisors, will bear some significant results in the coming months. I will keep you informed of any progress that is made in this endeavor.

If any of you have any questions with respect to this issue, please don't hesitate to contact me at my e-mail address: Leslasd@aol.com.

News From LACERA

by JJ Popowich
Assistant Executive Officer



I hope everyone is doing well and staying cool. It has been an extremely hot summer so far.

Sometimes I like to look at past RELAC articles I've written and newsletters LACERA sends out for inspiration. Last year at this time, I focused on privacy issues and the steps we take when you call or visit us to verify that we are talking to you. I explained our Secure Validation procedures – the series of questions we ask you when you call in to our call center. Here's a quick recap:

The Secure Verification process starts with a basic identification process where our specialists will ask all callers or visitors for their name, employee ID number, date of birth, and address. In some cases, we may also ask for their Social Security number if the employee ID number is not available, if the caller is a survivor, or if the caller is a beneficiary. Once you have passed the basic validation questions, we can look up your account. Before we can discuss any specific information about your account we will ask you to complete our Secure Verification process by asking you series of random data specific questions about your account or employment history that only you are likely to know or asking you to provide the answer to some Secure Verification "challenge questions" that you previously set up. Once you have completed this, we are sure we are talking to you – and we can discuss anything you want about your account or make certain changes. I highly recommend you set up your unique "challenge questions and answers" if you haven't done so already – this is the best way to secure your personal information. You can also do that online by logging into My LACERA.

Reading that older article brought to mind a very serious conversation I wanted to have with you about making sure you protect your My LACERA password and challenge questions and answers. My LACERA allows you to update your address, tax withholding instructions, direct deposit instructions, download your monthly automatic deposit receipts, access copies of your annual 1099-Rs (for our newly retired members, this is the form that replaces the W-2 and will be available each January), update your beneficiary information, and you can communicate securely with our Member Services through the Secure Messaging section of My LACERA. In addition, in the coming months you will also be able to request pension verification letters (commonly needed by retired members who refinance their home) online. My LACERA is a huge time saver when performing these account maintenance procedures online versus calling our Call Center or sending a written request.

However, with this great tool comes a great responsibility to protect your password and "challenge questions and answers" that you set up as part of the registration process. Every few months, I hear about a member, usually retired, who provided their My LACERA login information to someone they trusted, who then becomes a victim because the person they entrusted with the information accessed their account and changed their mailing address, or the direct deposit information. Unfortunately, it happens, and it can be a very big inconvenience to you to get it all straightened out.

That's not to say that you can't ask a trusted person to help you. I know there are times we all need some help; we usually turn to a family member or a trusted friend. The best way to ensure you have help available when you need it is to have the right legal documents in place to allow someone to help you. In regard to your LACERA benefits, this means having a special durable power of attorney on file with us. Our power of attorney is called **special** because it covers only your LACERA retirement benefit. It's called **durable** because unlike a general power of attorney that *terminates* when the principal (you) becomes incapacitated, our power of attorney contains a **durable** clause that *retains* your attorney-in-fact's decision-making authority

continued on p. 10

RELAC NEWSLETTER • SEPT/OCT 2018



RELAC Matters



Prouty

Fandry

Hopkins



Rodriguez

Sandoval

Five Directors Elected to New Terms

Congratulations to the five members of the RELAC Board of Directors who have been elected to new three-year terms beginning Jan 1, 2019. The directors are Don Fandry, Linda C. Hopkins, Alice Prouty, Mary K. Rodriguez, and Diane Sandoval.

No RELAC member filed a petition to run as a candidate for the Board, resulting in the automatic re-election of the current directors whose terms expire Dec. 31, 2018. All five had been endorsed for re-election by the Board of Directors.

Fandry, a sheriff's deputy when he retired in 1992 after 31 years of service, was appointed to the RELAC Board in May 2010. He serves on numerous committees and chaired the Regional Support/ Special Events Committee in 2016.

Hopkins was appointed to the RELAC Board in 2016 to fill a vacancy. A 37-year County employee, she was a manager in the Department of Human Resources when she retired in 2011. She chairs the Community Support and Benefits Committees.

Prouty was a personnel analyst in the Internal Services Department when she retired in March 2008. She is chair of the Outreach Committee and has been on the RELAC Board since 2010.

Rodriguez, RELAC Board secretary since 2012, retired as a LACERA manager in 1996 and has been a RELAC director since 2007. She chairs the Program and Recreation committees.

Sandoval was appointed to the RELAC Board in 1999, the same month she retired as LACERA's accounting division manager. She served as president in 2004-05 and was the retiree representative on the LACERA Board of Investments for 12 years.

Dementia Discussed at RELAC Meeting

by Victoria Pipkin-Lane
Newsletter Committee

The 129 attendees at RELAC's June 26th general membership meeting in Torrance received insights on dementia and Alzheimer's disease from guest speaker Caroline Gutierrez, senior learning consultant for Kaiser Permanente. Her presentation covered several pertinent topics: What is Dementia?, Becoming A Caregiver to a Loved One, Tough Decisions, Caregiver Self-Care, Make a Plan, and Resources.

"Dementia is not a normal part of aging," she said. "It is a progressive, neurological condition in which memory is projected differently. It's difficult to diagnose and may include Alzheimer's disease, Lewy body (deterioration of the brain in a specific area), frontotemporal dementia and/or vascular dementia. Alzheimer's is a form of dementia; it's a slow decline."

Gutierrez advised that anyone preparing to become a caregiver should consider the patient's potential fears, such as loss of independence, ability to drive, and the need to depend on others. "These concerns create stress," she explained, and suggested that caregivers present the patient with options, not commands, such as selecting the color of clothing to wear. "Keep them involved in decision-making."

Caregiver self-care is important, too. Individuals were reminded to focus on eating healthy, exercising and getting enough sleep. "Create a peaceful, tranquil place to rest; develop a relaxing routine before bedtime," said Gutierrez.

She strongly urged attendees to prepare a power of attorney for health care. "Put your wishes in writing now. Individuals of any age can have a power of attorney."

A managed care expert with more than 18 years of service at Kaiser, Gutierrez has spent the past nine years bringing health information to various communities. The June meeting was her first presentation to RELAC members.

For more information on dementia and Alzheimer's disease, visit Kaiser's website at www.kp.org or contact the Alzheimer's Association at (800) 272-3900 or <https://alz.org>.

The next RELAC General Membership meeting will be held Tuesday, Sept. 25, beginning at 9 a.m. in Ayres Hall at the Los Angeles County Arboretum, 301 N. Baldwin Ave., Arcadia. The topic will be "Hypertension."

Dementia is the name for a brain condition that makes it harder to remember, reason, and communicate. The most common form of dementia is Alzheimer's disease. Dementia is caused by ongoing damage to cells in the brain. The most common symptoms include memory loss, language problems, difficulty planning, organizing, concentrating, judgment and changes in behavior and personality.

There is no single test that can detect dementia. A visit to a medical care provider is strongly suggested. The progression of dementia can be slowed down by exercise, a healthy diet, social activity, mental activity (reading, board or card games), retail therapy (shopping) and laughing. Caring for someone with dementia takes time and effort. The more you learn, the better equipped you are to cope with the challenges.

--by Evelyn Gutierrez



RELAC officer Greg Walia introduced guest speaker Carolyn Gutierrez.
(Photos by Victoria Pipkin-Lane, Evelyn Gutierrez)

RELAC "DAY AT THE RACES" SANTA ANITA PARK

Oct. 4, 2018

by Mary K. Rodriguez
Chair, Recreation Committee



LAST CALL FOR RESERVATIONS!

Come join us to celebrate RELAC's annual "Day at the Races," which will be held at Santa Anita Park in Arcadia on Oct. 4. We will again be seated in the Sierra Vista Terrace, which offers a great view of the track.

Your cost is \$50 per person and includes admission, a racing program (available when you enter the park), a delicious buffet lunch, a seat at a table with a private TV monitor, and general parking. Parking and admission gates open at 10:30 a.m., post time is at 1 p.m., and lunch will be served between noon and 2 p.m.

The reservation deadline is Sept. 20 so please fill out the coupon and send in your check ASAP. Tickets will be mailed to you on Sept. 25.

In the past this event has been enthusiastically attended by our members. Everyone enjoys it and has a lot of fun. Be sure to come early - although plentiful, seating is on a first-come, first-served basis. See you there!

Day at the Races - Santa Anita Park Thursday, Oct. 4, 2018

Name _____

Address _____

City/State/Zip _____

Phone _____

No. of Tickets: _____ @ \$50 each

Total Amount Enclosed: \$ _____

Mail Checks payable to RELAC and mail to:
RELAC
1000 S. Fremont Ave., #15
Alhambra, CA 91803-8802

Must be received by Thursday, Sept. 20, 2018

SAVE THE DATE

Sept. 25, 2018

General Membership Meeting, L. A. County Arboretum
Oct. 4, 2018

Santa Anita Park "Day at the Races"
Oct. 13, 2018

Annual Picnic, Santa Fe Dam Recreation Area, Irwindale
Dec. 11, 2018

General Membership Meeting, Carson Community Center
Jan. 16, 2019

Annual Recognition Luncheon, Almansor Court

President's Message cont from p.1

economic performance from an already strong and very diverse base; S&P's view that County's effective budgetary discipline since the end of the Great Recession has played a significant role in putting the County on a much stronger financial footing than a decade ago with very strong reserves in the general fund and the Department of Health Services Fund; the steps the County has taken to restructure health services from a hospital-based to an integrated ambulatory care system, which S&P believes positions the County well to adapt to changes in health care funding; and S&P's belief that the County's management is very strong. S&P credited management with 'financial practices that are strong, well embedded and likely sustainable.' "

All in all, I sleep well at night. LACERA is well funded. And the County's strong financial position makes our benefits secure.

Thanks to all our readers for your membership and support.

RELAC this year is celebrating its 60th year of outstanding service. Your membership and continued support keeps us strong as your **PENSION AND HEALTH CARE WATCHDOG.**

Special Rules Help Seniors Qualify for Nutrition Program



The CalFresh nutrition program – formerly known as the Food Stamp Program -- has special rules for households with a member who has a disability or is 60 years and older. The rules are complex, but help more people qualify for benefits. For details, go to <http://mycalfresh.org/the-basics/>.

Oct. 13, 2018 Annual Picnic Registration Form Adults Only

Member _____

Address _____

City _____ State _____ Zip _____

Guests Names _____

Phone No. _____

Please Provide Names of Guests - Attach List if Necessary

No of Tickets _____ @ \$25 ea. = \$ _____ Total

Mail To:
RELAC
1000 S. Fremont Ave., Unit 15
Alhambra, CA 91803-8802

For More Information:
Phone: (626) 308-0532 or (800) 537-3522
E-mail: admin@relac.org

No Admission Without Advance Registration

Pick Up Tickets at the Event
RSVP by Oct. 5, 2018

What's Happening?

by Evelyn Gutierrez, Chair
Special Events Committee

We hope you have confirmed your attendance at RELAC's greatest picnic ever on Saturday, Oct. 13. Great BBQ, music by The Bobby Z Band, and line dancing!!



Committee members continue to explore and identify new and exciting events that may be of interest to you. We want you to stay connected to our County family and enjoy life with family and friends.

Aug. 31 – Sept. 23 – L.A. County Fair in Pomona
“L.A. County Day” is on Sunday, Sept. 2 for a special price of \$6.60. Just check our website for details. The L.A. County Parade is scheduled for noon, with departmental booths located near the Fairplex Administrative Building.

If you cannot attend on Sept. 2, visit the Fair on **Senior Wednesdays, Sept. 5, 12, and 19.** Entrance is **FREE** for folks 60+ from noon to 3 p.m.

Oct. 13 – Annual RELAC Picnic at Santa Fe Dam, Area 5, in Irwindale.

We are celebrating our 60th birthday and honoring veterans. The Bobby Z Band will play and hold line-dancing sessions. Tickets are \$25, which includes a great BBQ menu, drinks, desserts, prizes, bingo, line dancing AND free parking. Visit our website for details: www.relac.org.

Oct. 28, 2018 – Jan. 6, 2019 – Arboretum, 301 N. Baldwin Ave., Arcadia

Lantern Art Festival – FREE admission on third Tuesday of the month. Call for additional information: (626) 821-3222.

Natural History Museum – 900 Exposition Park, L.A.

Exhibits: Butterfly Pavilion, Tonga Indians, Spanish Mission and Dinosaur Hall. FREE admission on the first Tuesday of the month. Call for additional information: (213) 763-3466.

Museum of Art – 5905 Wilshire Blvd., L.A.

FREE admission on the second Tuesday of the month and FREE admission on weekdays after 3 p.m. Call (323) 857-6000 or visit www.LACMA.org.

Please check our website www.relac.org for new postings and updates. Thanks for your support and enjoy life!

Become a Volunteer to Perform Civil Marriage Ceremonies

The L.A. County Registrar-Recorder/County Clerk's Office is seeking volunteers to perform civil wedding ceremonies. Volunteers perform ceremonies in branch offices and the department's headquarters in Norwalk. To learn more about this opportunity, please send a letter of interest to Portia Sanders at P.O. Box 389, Norwalk, CA 90651-0389.

WELCOME NEW MEMBERS

June - July 2018

Board of Supervisors – Paul Bachman, Michael S. Bohlke, Brenda Daniels

Chief Executive Office – Armida Franco

Children & Family Services – Kathryn Collier, Patricia Klar

Coroner – Ogonna Chinwah

County Counsel – Renee Mendoza, Helen Parker

Fire – Thomas Burrola, Luis Chavez, Sandra Cyrus, Wayne Miller

Health Services – Jane Chon, Estella Jaramillo, Danny Johnson, Janet Jones, Annabella Mabilen, Cleveland Morris, Maria Parada, Elaine Saafir, Mario Sewell, Debbie Stein, Eddie Vargas, Soo Young, Cynthia D. Benjamin

Internal Services – Brian Lear

LAC+USC Medical Center – Konstanze Bureson

Mental Health – Sarah Gelberd

Parks & Recreation – Kaye Michelson

Probation – Melvin C. Duncantel, Daniel Harrigan, Dianna Mata

Public Health – Wesley Ford, William Fong, Cynthia Brown

Public Library – Linda Dunne, Stephen Klein

Public Social Services – Cecilia Weber, Joe Fernandez, Deborah Walker

Public Works – Dennis Hunter, Patricio Proano

Rancho Los Amigo Medical Center – Lenard Banks

Registrar Recorder/County Clerk – Camilo Berkeley, Michael Garcia

Sheriff – Wellington Cabal, Carlos Jaen, Melvin Johnican, Jeanette Mena, Trula Mitchell, Sammy Soehnel

Superior Court – Evangeline Crabtree, Maria Gamez Wales

Treasurer & Tax Collector – Paula Brown

Workforce Development, Aging & Comm Svcs. – Shirley Hassell

Department Not Designated – Gerald A. Washington, Sandra Washington

New Associate Members – Richard R. Brown, Charles Y. Chon, Charles Cohan, Robert L. Dunne, Eileen Fong, Dolores Garcia, Howard Gelberd, Mary Hunter, Maria G. Jaen, Martha Johnson, Gilbert Mena, Denis L. Morris, Larry Nolle, Cark Parker, Joyce Proano, Kathleen Soehnel, Michael A. Stein, John K. Wales, David Young

Thanks for New Member Referrals

We would like to thank the nine members and one non-member who recruited colleagues to join RELAC during June and July 2018. Due to our aging membership, we must remain vigilant in signing up new members in order to remain a strong organization to protect your hard-earned pension and health benefits. We are the only organization that exclusively serves the interests of Los Angeles County retirees, so help us help you. For membership applications and brochures, call the RELAC office at (800) 537-3522, e-mail admin@relac.org or go online at www.relac.org. Be sure to tell the new member to put your name on the application as making the referral.

Our thanks to these RELAC members (shown in bold) for referring new members (shown in italics):

Ermelinda Bandy, *Jeanette Mena*, Sheriff

Velma Blue, *Stephen Klein*, Public Library

Judith Fox, *Armida Franco*, Chief Executive Office

Judy Hammond, *Kaye Michelson*, Parks and Recreation

Barry Hunt, *Mario Sewell*, Health Services

Eula Moore, *William Fong*, Public Health

Al Rainer, *Michael Garcia*, Courts & Records

Geraldine Turner, *Brenda Daniels*, Board of Supervisors

Guadalupe Valenzuela, *Soo Yong*, Health Services

We also thank non-member **Elvia Ramirez** for referring *Cynthia Brown*, Public Health.

RV Outing Notes

Jeanne Klauk,
Assistant Coordinator of the RV Club



Klauk and Mike Reyes, coordinator

So, our RV group has been on hiatus. This is probably just as well since our part of the country is pretending to be Arizona. We have been steaming in this sweltering monsoon weather, which rightfully should be in Phoenix. Some of our members have been traveling, though, and we wish them safe travels.

Our Buellton campout was a lot of fun, and we are now looking forward to Chula Vista. We will be there Sept. 16-19. This is a lovely RV park, and, hopefully, the proximity to the San Diego Bay should bring us some cooler weather. Our next venture is to the Emerald Desert in Palm Desert. We enjoy this lovely park, as well. We will be there Oct. 21- 24.

The Luxe Buffet will see us for our Christmas party in December. Many of our retired campers join us, so we get to visit and see how life is going with them. Jan. 6- 9 will find us back at Pechanga. So, come join us for a really good time. You can call me at (562) 896-8904 or Mike Reyes (the boss) at (909) 357-0145.

Mother-Daughter: A Winning Team



One of the door-prize winners at the RELAC general membership meeting in Torrance was Sherry Jones, who accompanied her mom, Harriett Canister. During the special acknowledgment of RELAC members over 90 years old, Harriett, 99 years young, was recognized as the most senior attendee at the meeting. Harriett, who retired from King/Drew Medical Center, Health Services, was asked, "What is your secret to a healthy, long life?" Smiling, she said, "Just Keep Moving."
(Photo and text by Evelyn Gutierrez)

Golf News

by Gil Sandoval
RELAC Golf Director

Los Verdes Golf Tournament

It was warm overlooking the Pacific Ocean, but no less beautiful as we played the golf course. Benny Martinez just keeps winning as he won the "A" Flight with a great net 69. Tony Asuncion was two back in second place with a net 71. Dave Runke came in third as he was one behind Tony at net 72.

Don Hughes moved up the ladder as he followed up his third place finish of last month with a great round, winning the "B" Flight at net 68. Rick Richter played steady and took second place at net 73. Chuck McGlothlin came up one stroke short of Rick, taking third place at net 74.

The "C" Flight again had the player of the tournament when Terry Black and his low net of 64 beat all players and won the "C" Flight. Pete Serrano played extremely well and had a net 69 to finish second. Richard Duran edged out Jim Meek in a card off as they battled for third place and both came in at net 71.

The Ladies Flight was better represented as we had enough players for a real competition. Norma Gutierrez won the Lady's Flight with a net 77. She was four strokes up on Marjorie Stevens-Kelly as Marjorie finished with a net 81. Cari DeBie, who had not played for a while, brought in a net 87. Because the ladies have had trouble reaching the par 3s off the tee to win a prize, we allowed them to get closest to the pin in two shots instead of one, and it paid off as the ladies won on all the holes. They did better than the men.

The next tournament is at Lakewood Golf Course on Oct. 15. First tee at 8 a.m. The entry form can be found on the RELAC website: www.relac.org. Follow the link to activities (Golf).

Los Verdes Results

"A" Flight Winners (19 and under)

- 1st Benny Martinez (69)
- 2nd Tony Asuncion (71)
- 3rd Dave Runke (72)

"B" Flight (20 to 26 Handicaps)

- 1st Don Hughes (68)
- 2nd Rick Richter (73)
- 3rd Chuck McGlothlin (74)

"C" Flight (27 and up Handicaps)

- 1st Terry Black (64)
- 2nd Pete Serrano (69)
- 3rd Richard Duran (71)*

Women's Flight

- 1st Norma Gutierrez (77)
- 2nd Marjorie Stevens-Kelly (81)
- 3rd Cari DeBie (87)

*Winners in a card off

Closest to the Pin on Par 3s

MEN

- # 3 – No Winner
- # 5 – Jim Meek
- #12 – Jerry Nottke
- #17 – Rex Loughran

WOMEN

- # 3 – Norma Gutierrez
- # 5 – Cari DeBie
- #12 – Charlene DeBie
- #17 – Marjorie Stevens-Kelly

NEXT TOURNAMENT

Monday, Oct. 15, 2018
Lakewood Golf Course
8 a.m. Start
Entry Deadline - Sept. 27



RELAC NEWSLETTER

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Number 5

Retired Employees
of Los Angeles County
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website:
www.relac.org

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Brian Berger

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- Evelyn Gutierrez
- Judy Hammond
- J. P. Harris
- Linda C. Hopkins
- Dyanne Nelson
- Alice Prouty
- Les Robbins
- Diane Sandoval

Editor: Judy Hammond
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9 a.m. - 4 p.m.
Monday - Thursday
Closed Friday,
Saturday, Sunday &
Public Holidays



Letters To The Editor Write On!

Love the newsletter and really enjoy your articles. It's fun to see what some of my former friends and colleagues are up to. I wish I could attend some of your events, but the drive would kill me (ha ha)! P.S. In my 40 years with "Ma" County, I worked at four major departments (Probation, Road, Mechanical and Health Services). During this time, I not only got an education and valuable experience, I used those things after we moved here and I became a paralegal. The thing that means the most to me, however, is the fact that I met so many wonderful people. To this day, I keep in touch and see many of them at least once a year in Palm Springs, California, where we have a timeshare.

V. Leigh Nielsen, Durango, Colorado

Thank you for all you do for us County employees and retirees. You are a great organization. We NEED you there for us. All the activities are great, but the important thing is to protect our retirement.

Christina Fuentes, Long Beach, California

I smiled when I saw your (*Judy Hammond, newsletter editor*) name. I'm so happy that you are still contributing your talent. You are a good journalist! I looked over the newsletter; there is more information about what is happening in the County than what we learn internally.

Lourdes Saab, Chief of Protocol, County of Los Angeles

Re: The profile on Charles Norris in the July/August newsletter. Charley was the workhorse of the merger of the L.A. City – L.A. County Public Health Departments and deserves huge credit. I don't thank people for shout-outs (looks like I seek them), but his about me was special. Please let him know. Also, the Dave Flint story was moving.

Harry Hufford, Santa Rosa, California

(Hufford was chief administrative officer of the County from 1974-85 and in 1993.)

(The profile) was wonderful, thank you!

Charles A. Norris, Hacienda Heights, California

It is difficult to pare down 90 years of experiences of a person who has spent so much of their time actively serving others. Thank you for doing it so well (in the profile on my father, Charles Norris.) My mother, Carol, is the love of his life. I've never seen two people more willing to do for one another. When my mom was unable, he shopped, cooked, cleaned, and did everything else for more than a year until she was back on her feet. He is experiencing challenges now that would daunt anyone. Yet he never complains. Rather, he asks how he can help someone else in need. The thing is, my dad is a wonderful man: husband, father, provider, and benefactor to many, many people. Thirty years after his retirement, people still stop me when they hear my name and ask if we're related because they want to tell just one more person how he changed their life. What more can you ask for in anyone?

Craig Norris, son of Charles Norris

We would like to take this opportunity to thank you (*Dave Muir, president*) and the Retired Employees of Los Angeles County for your support of the annual Deputy Sheriffs Reunion held in McArthur, California. Your announcing this event in the RELAC newsletter and the donation of promotional items distributed to the attendees has helped once again to make this event a great success. This was our 39th year for this event and we hope to have many more. Once again, our sincere and heartfelt thanks for your support in this event and all the other support you provide for the retired employees of Los Angeles County.

The Attendees, Annual Deputy Sheriffs Reunion, McArthur, California

FOR SALE

TWO OAKWOOD BEDSIDE TABLES, TWO TAPESTRY-TYPE LOVE SEATS. Call Araceli at (310) 821-9628 or (320) 913-1937.

CEMETERY PLOTS – FOREST LAWN HOLLYWOOD HILLS. Murmuring Trees section. Asking \$7,800 each (two available). Call Edythe at (951) 461-3118.

CEMETERY PLOT – GREEN HILLS MEMORIAL PARK, RANCHO PALOS VERDES. View Terrace, top of the hill, edge Plot 438-B, interment for two. Asking \$13,950 plus transfer fees. Call Vic at (408) 889-3074.

CEMETERY PLOTS – GREEN HILLS MEMORIAL PARK, RANCHO PALOS VERDES. Three plots available in Holly Section, asking \$5,000 each plus transfer fees. Contact Larry Buggeln at (909) 260-8417.

CEMETERY PLOT – ROSE HILLS MEMORIAL PARK. Garden of Serenity (one plot), asking \$5,600, includes transfer and endowment fees. Complete transaction will be at Rose Hills location. Contact Shirley at (713) 876-9226.

MAUSOLEUM CRYPTS – SAN FERNANDO MISSION CEMETERY. Two companion crypts, each holds two caskets or urns. Each includes one crypt plate, insert, and vase. Located next to each other, are at prime location height, approximately five feet from ground. Asking market price at \$20,000 each. Contact Laura at (626) 222-3040



Discount Tickets for County Day at Fair Available Only on Fair Website

The process to get discount tickets to L.A. County Day at the L.A. County Fair has changed this year. Tickets, at \$6.60 each, are available only on the fair website and must be purchased by Aug. 30. County Day – which will feature a county parade at noon and county booths – is Sunday, Sept. 2.

To purchase tickets:

1. Go to LACountyFair.com/BuyTickets.
2. Add the Community Day ticket to your shopping cart.
3. Select Promo/Voucher and enter promo code LACOUNTY. This offer is open to residents only. The billing zip code must reside within the County to complete the purchase. Tickets must be purchased by 11:59 p.m. on Aug. 30. The offer is not valid at the gate.
4. Complete the registration process to receive your tickets.

Keeping Up With Retirees

We asked four RELAC members to let us know what they have been doing since retirement. Their articles follow.



Photo by Harvey Kern

MARIO SEWELL

I retired from the County in March 1997 after 28 years with the Department of Health Services. My County career was in administrative positions at General Hospital, Harbor-UCLA Medical Center, central staff, Probation Health and for the last 10 years at Olive View-UCLA Medical Center.

After retirement I taught English as a Second Language at Belmont Community Adult School for five years. I also volunteered as a board member of a proposed primary care and dental clinic in Pasadena, a city project with funding from Kaiser, Huntington Memorial Hospital and the County. I worked with consultants to obtain clinic licensure; the clinic continues in operation.

In 2003 my wife and I built a vacation home in La Quinta, where I began living full time. My wife continued as executive director of Centro de Niños, a bilingual, bicultural child development center in East L.A. She has an apartment in Pasadena and drives to La Quinta on the weekends.

Since I didn't want to be just wandering the streets of La Quinta during the week, I became involved in local volunteer activities. My first volunteer work was with Martha's Village, a residential and community services agency in Indio, where I worked with other volunteers to prepare and serve lunch to 150-200 residents.

After two years I decided to work directly with children, volunteering at two elementary schools in the East Coachella Valley where students are predominately Hispanic from low-income families. They are delightful, but unfortunately many are far behind state academic standards, particularly in reading. I decided to focus on tutoring reading to second grade students since that is a crucial grade level for reading literacy.

I soon realized that the majority of the students did not have their own books. I then learned about First Book, a national organization that provides discounted new and classic children's books. Working with other volunteers and friends, we established a First Book (FB) Advisory Board for the East Coachella Valley and raised funds to establish First Book accounts with five of the local schools so that the second grade teachers working through their school librarians could order books directly from First Book. We printed the names of each donor on book plates in each book and invited the donors to participate in the book distribution at the schools. In the five years that the advisory board was active, we raised more than \$17,000 to provide funding for more than 6,000 books. The advisory board is no longer active as many of the key volunteers are no longer able to participate. The good news is that the local schools have provided students with tablets with which they can access books at grade level at a touch of the screen. In retrospect, the book project was one of the most gratifying experiences of my life.

After the book project, I became involved in facilitating local monthly demonstrations urging an end to the war in Iraq and raising funds for supplies to send to soldiers in Mosul. Now I am working with a group of local activists to fund and distribute bilingual cards informing local immigrant workers of their constitutional rights. Many members of the group are working with the City of La Quinta to establish a citizen advisory committee to provide recommendations to the City Council to ensure that proposed surveillance equipment is consistent with privacy and civil liberties.

All this to keep me off the streets. In the interim, there's Starbucks, foreign films, reading and family.



MAUREEN M. FLANNERY

My County career began in July 1984 when I was hired as a health educator for the Immunization Project within the Department of Health Services/Public Health. Two years later I became a permanent employee, working at Van Nuys Health Center and surrounding clinics teaching pregnant women breastfeeding, baby care and safety, and other classes in Spanish! The County had paid for me to attend a Berlitz class, where I was immersed in the language for a month, and used the language for years to come. During this time, I also taught earthquake preparedness to staff, planned influenza clinics for seniors, and conducted outreach to the community for various special events.

In April 1992 I promoted into Juvenile Court Health Services as a senior health educator/director of health education under Charles J. Baker, M.D., who provided tremendous inspiration and leadership for his team. It was a very exciting time in my career, writing grant proposals in concert with JWCH Institute's development director, managing a \$400,000 budget and leading a team of young professionals charged with HIV/AIDS risk reduction within the three juvenile halls and 22 probation camps. I collaborated with Probation, Mental Health, and other partner agencies to serve this high-risk population. Dr. Baker encouraged us to present data from the grants and contracts at numerous conferences and this was most gratifying. I was very sad to hear Dr. Baker had passed away over 10 years ago at a relatively young age.

Fast forward to 1998 when I had another exciting and memorable chapter in my career working for Susan J. Carr, R.N., and later Bridget Ward under Dr. Jonathan Fielding, director of public health. Susan hired me to help develop and manage the Public Health Training Unit for the 4,000 employees in Public Health. She was a well-respected leader, and I felt honored to work for her, and later Bridget.

In 2005 I made a career change and promoted into Human Resources and worked in Regulatory Compliance under Deborah Jackson. I later found my calling in Classification & Compensation, where I interviewed employees for potential reclassification actions and wrote extensive studies with my recommendations. I loved this position! My final position was in Organizational Development and Training in April 2016, where I soon realized I had come full circle in my career, and retired in December 2017.

I thoroughly enjoy writing, hiking, and traveling. I love to hike around the Hollywood Reservoir, a simple 3.3-mile walk, Ballona Wetlands in Playa del Rey, and the local Santa Monica Mountains. My husband, Bob, and I just returned from a trip to Peculiar, Missouri to visit old friends. Peculiar is about 30 miles from Kansas City, where we feasted on the best barbecue of my life! It was a relaxing week, and we took a lake cruise on a paddleboat in historic Branson and visited Independence, where President Truman was from.

We frequently travel to Bob's senior softball tournaments. Our last trip was to Florida for the world championships, where Bob played some four games daily over the course of several days. After this concluded, we traveled to Cape Canaveral and the Kennedy Space Center and visited an old high school friend near Tampa.

I'm on the Board of Directors for Catholic Charities of Los Angeles, as well as the CARES Board at LAC+USC. We have a son, Bryant, who will be 21 in July, and two dogs, Callie and Cleo. We hope to do a Viking River cruise next year and see more of the United States.





IRMA TORRES

When I retired in 2010 after 34 years of working for Los Angeles County, I was ready to see different places and discover new things. My husband, Larry, had been retired for a few years and he was waiting for me to join him. For two years we enjoyed travelling, seeing places, friends and family.

We travelled on ocean cruises to Mexico and Alaska, enjoying a slower-paced lifestyle. Mexico

in those days was safer, so we enjoyed discovering the culture, the people and their cuisine. A cruise to Alaska was beautiful and relaxing.

We took other trips by train, including the Amtrak Coast Starlight between Los Angeles and Seattle, Washington. The laid-back, full-pampering style allowed us to keep travelling to various places during a time when travelling may have been more challenging. Not long after I retired, a routine mammogram revealed a diagnosis of breast cancer. I had surgery and treatments and got through them with the caring love and support from my husband. The treatments left me feeling fatigued, but by going by train, we could still travel, although less often.

Larry loved to drive, so rather than travelling abroad, we travelled by auto to discover our beautiful America. We would pack up our golf clubs and fishing poles and hit the road, checking out festivals and state fairs along the way.

In 2012 my life changed when my husband died suddenly. It has taken some adjustments, but I still travel and go on road trips. I finally visited Europe to attend the Keukenhof Tulip Festival and then travelled through the Netherlands and Belgium on a river cruise.

My County career was with the Department of Health Services (DHS). Initially, I was in medical administration at Women's Hospital at LAC+USC Medical Center working for faculty; then I assisted with the physician-training program, coordinating interns and residents specializing in obstetrics and gynecology.

I left Women's Hospital and moved next door to General Hospital to help start the Epidemiology Department to assist with identifying statistical trends for infectious pathogens. We pioneered a new weapon to fight disease, information technology. This was a young science that brought together people from different disciplines. Cooperation and collaboration among these talented participants was effective in implementing a system that assisted physicians to more effectively treat their patients.

Around this time, I decided to enhance my education so I attended law school at night while working full-time days. I completed my studies and was sworn into the California Bar.

Then Health Services Administration beckoned. During my years there, I worked in the Contracts and Grants Division, Information Systems Branch, DHS' Community Health Plan and DHS' Director's Office.

My most challenging assignment was serving as DHS' first health care privacy officer, managing the implementation and compliance of the privacy component of the federal Health Insurance Portability and Accountability Act (HIPAA). In a four-month period, we trained 24,000 employees, executed significant agreements between our health care partners, public and private, and university affiliates.

I live in Shadow Hills, a small equestrian community in the San Fernando Valley. Now, as a retiree, I work on a few specialized legal cases. My church and community activities also keep me active. I also sit on the board of directors of two non-profit organizations, occasionally doing some public speaking and small group facilitation.

There definitely is a life after County service and I am grateful for all the wonderful people I worked with who taught me so many things and provided me with incomparable experiences.

LAKSHMANAN SATHYAVAGISWARAN

I started my career in the Department of Medical Examiner-Coroner (DME-C) in 1977 as a deputy medical examiner. Being a Board-certified physician in several specialties helped me get promoted to senior deputy medical examiner in 1986 and chief physician in 1987. I was appointed as chief medical examiner-coroner (CME-C) by the Board of Supervisors in 1992 because of a letter written to them by the department staff recommending my appointment.



I retired in August 2013 as CME-C/director after 36 years of service, 21½ years as CME-C. When I started, the department budget was \$12 million. When I retired it was \$33 million. This support enabled the department to get fully accredited by the National Association of Medical Examiners (NAME), have an accredited laboratory, and provide forensic pathology fellowship training and continuing medical education. In 2005 the department hosted the 39th annual NAME meeting in Los Angeles and in 2007 published the first scientific textbook in forensic neuropathology.

IS THERE A DOCTOR IN THE HOUSE?

Yes, yes, yes, and yes. Dr. Lakshmanan, second from left, is shown with daughter, Ashwini, a neonatologist; granddaughter, Divya; son-in-law, Vinay Sundaram, a gastroenterologist-transplant hepatologist; and wife, Vijay, a pediatrician.

In April of 2016 I rejoined the coroner's office as interim CME-C. Because of the challenges faced by the office, the Board of Supervisors approved 28 additional positions to improve operations, bringing the budget to over \$40 million and 248 staff positions. During this second tenure, I coordinated the publishing of a book on California coroner's law.

Since January 2017 as a USC faculty member I have been a consultant/director of operations to the department to maintain the continuity of operations during the process of hiring a new CME-C. With the appointment of a new CME-C in July 2017, I tapered my consultant activities to part time in 2018 and expect to be re-retired by the end of the year. I enjoy educating the undergraduate students at USC and medical students, residents and fellows at USC Keck Medical School and at DME-C.

During my tenures the coroner's office underwent a \$32 million refurbishment to construct a 500-decedent capacity crypt and replace the HVAC system, obtained a CT scanner to conduct virtual autopsies, started a fully functional DNA laboratory, worked with organ procurement organizations towards a zero-denial policy, and transferred all historic coroner registers and artifacts from the Hall of Administration to the Hall of Justice/museum area.

Since retiring in 2013 I have been working on a second textbook on the role consultants play at DME-C in providing a quality medico-legal death investigation. The book was published by Elsevier in June 2018. My gratitude is immense to Dr. Christopher Rogers and the consultants who contributed to the book.

There have been triumphs and tribulations in my personal life. My wife, Vijay, and I live in Arcadia and primarily we are enjoying being hands-on grandparents. The hugs and kisses from our granddaughter are priceless and we cherish every one of them. Our daughter and granddaughter are God's choicest blessings on us.

I am happy my wife and I did not wait to travel until retirement as our health has taken an unpredicted setback. We have shared the joy of visiting theme parks and museums, aquariums and the County Arboretum with our daughter, son-in-law and granddaughter. We travel in the U.S. mostly for personal reasons, attending graduations and weddings and also many meetings for continued medical education. I have been privileged to participate as speaker in many

Board of Investments Report

by Dave Muir, Retired Member of Board of Investments

Public pension funds across the nation have been lowering their expected rates of return (earnings rates) on the fund's investments. The Wall Street Journal reported in July 2018 that the rates of return states assume have fallen over the past five years from a high of 8% in 2007 to around 7.2% in 2017.

Reducing the assumed earnings rate is a big deal with serious consequences. Slight cutbacks require already financially strained governments to contribute greater amounts to their pension systems to cover benefits promised to their workers. CalPERS, the largest state public pension system, has reported that state and school districts participating in its system will have to pay \$15 billion more over the next 20 years once the CalPERS assumed earnings rate drops to 7%.

LACERA's assumed rates of return have declined pretty much in step with what's happening nationwide. For a substantial period of time, at least since 1999, the assumed earning rate remained stable at 8%. Starting in 2004, the rate was reduced to 7.75%, then 7.7% in 2011, 7.6% in 2012, 7.5% in 2013, and finally 7.25% in 2016, where it remains today.

As a result of prudent investments and steadfast contribution funding, LACERA is well positioned to pay the promised benefits.

LACERA's fiscal year ended on June 30, 2018. As of that date, the investment portfolio had a value of \$56 billion. Investment earnings for the year were 9% after deducting fees, exceeding the assumed earning rate by 0.75%.

LACERA cont from p. 2

if you become incapacitated. This is important because it allows your attorney-in-fact to manage your LACERA benefits if you become incapacitated; otherwise, the law requires LACERA to withhold your retirement allowance payments until a court appoints someone to handle your financial affairs. If you want to know more about LACERA's special durable power of attorney, please check out the next issue of the "Spotlight on Retirement" newsletter, where we will go into more detail about the power of attorney and introduce our new power of attorney form. Don't worry if you have one on file already; it's valid and you do not have to submit a new one. Look out for the article and give it some serious consideration if you see a benefit for you.

Well, that's it for this month. Until we chat again, I hope you enjoy every day of your retirement. You earned it!

Lakshmanan cont. from p. 9

of these conferences. We discovered the beautiful New Zealand and my wife's native Kerala in India in 2014.

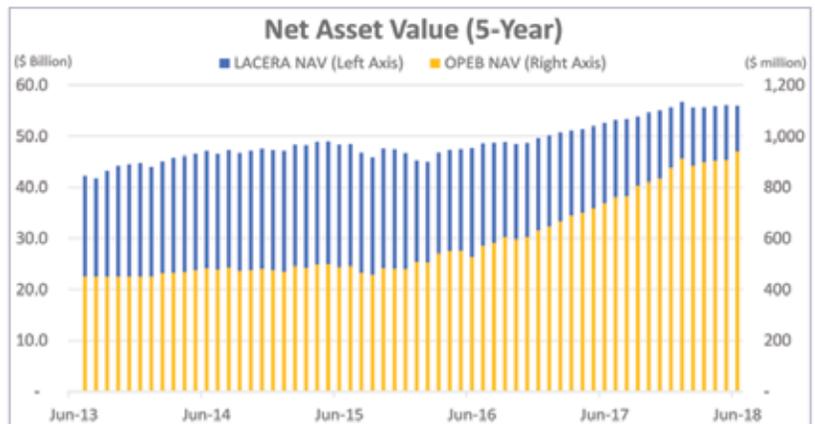
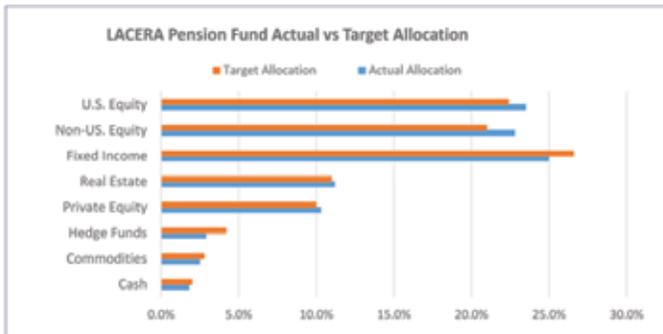
I am grateful to the Board of Supervisors and the citizens of L.A. County for giving me an opportunity to serve as CME-C twice for a total of nearly 25 years. And I want to thank the Department of Medical Examiner-Coroner staff and consultants, who handle all decedents with dignity and respect and interact with grieving family members with compassion and courtesy.



Investment Dashboard

As of 06/30/2018

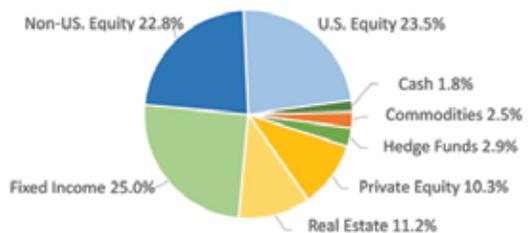
	Quarter End Balance
LACERA Pension Fund	\$55,953,296,137
OPEB Master Trust Fund	\$939,476,724

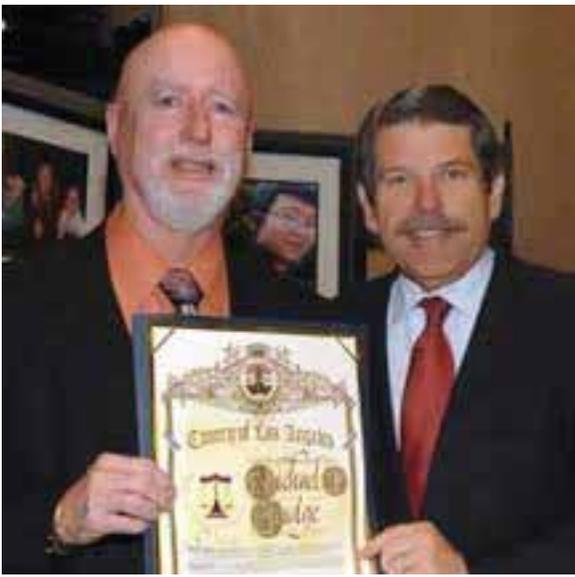


Fund Performance*

	1 Year	3 Years	5 Years	10 Years
LACERA Pension Fund	9.0	7.4	8.5	6.3
Policy Benchmark	7.8	7.0	8.1	6.3
Outperformance / Underperformance	1.2	0.4	0.4	0.0
Performance by Asset Class:				
U.S. Equity	14.1	11.1	13.1	10.1
Non-U.S. Equity	8.8	6.7	8.1	3.9
Fixed Income	0.8	3.1	3.4	5.2
Real Estate	8.2	9.3	9.5	3.3
Private Equity	21.2	13.3	15.2	11.4
Commodities	10.0	-2.8	-5.0	-7.6
Hedge Funds	5.6	2.6	3.8	--
Cash	1.4	1.0	0.7	0.8

LACERA Pension Fund Asset Allocation





Michael P. Judge receives retirement scroll from then Supervisor Zev Yaroslavsky in 2011. "He was a straight arrow and very committed to his work. Too young to go," said Yaroslavsky upon hearing of Judge's death.

Former Public Defender Michael P. Judge Dies

by Judy Hammond, Newsletter Editor

Michael P. Judge, who retired as Los Angeles County public defender in 2011, died July 17 after a lengthy illness. He was the County's ninth public defender, serving almost 17 years.

Judge joined the office as a trial deputy in 1969, the year he was admitted to practice. The Board of Supervisors appointed him to head the office on May 1, 1994.

Judge, 74, is survived by his wife of 30 years, Delores ("Dee"), three children and one stepson.

The Board of Supervisors, in a statement following Judge's death, called him a "remarkable leader" who was "a transformative force in diversifying the office and creating a more inclusive management structure."

"This wasn't just a job for him...His lifetime of public service was a rare gift to the people of Los Angeles County. We will not forget him."

RELAC member Robert Kalunian, who served as Judge's chief deputy for 15 years, said "Mike cared tremendously about the clients, our staff, and our office. He guided the office through numerous difficult times and issues."

Among these issues were a severe budget crisis, the LAPD Rampart scandal, implementation of the Three Strikes Law and sexually violent predator statutes, and jail overcrowding.

"He was at the forefront locally and nationally at promoting restorative justice, the type of advocacy that now is referred to as 'holistic representation,'" said Kalunian. "His legacy will live on through the hundreds of lawyers and staff members he hired and those of us who he worked with."

RELAC member Steve Cooley, who served as district attorney during the time Judge was public defender, said the two enjoyed a genuine friendship and mutual respect that allowed them to advance and improve the County's criminal justice system.

"Mike Judge was an incredibly effective leader of the Los Angeles County Public Defender's Office. Mike and I and our respective offices collaborated on many projects. Just one example is the Women's Reentry Program that provided women convicted of felonies the resources and support to put their criminal pasts behind them and move on to productive and law abiding lives.

"We had the kind of relationship that allowed frank and respectful discussions that allowed us address issues confronting Los Angeles County's criminal justice system. We both recognized that 'accurate justice' was a shared goal."

Happy Birthday, RELAC Centenarians

Happy birthday to our members who will be 100 and older in September and October.

Hollice A. Favors, 100, Assessor, Sept. 17, 1918

Eleanore J. Reed, 100, Superior Court, Oct. 3, 1918

Virginia Maltby, 100, Community Health, Oct. 12, 1918

Caroline L. Moreno, 101, Flood Control District, Sept. 17, 1917

Lillian F. Morris, 101, associate member, Sept. 22, 1917

Mabel Lee Markham, 102, Public Social Services, Sept. 12, 1916

Helen M. Walker, 102, Adoptions, Oct. 1, 1916

Lillian E. Seaver, 103, Health Services, Oct. 17, 1915



(Photo by Dave Beck)

HEALTH MANAGERS MEET AT SPRING LUNCHEON

RELAC members and former colleagues Barry Hunt, Patti Sweet, Christine Rufolo and Maureen Flannery catch up at the spring luncheon for retired and active managers of the Departments of Health Services, Mental Health and Public Health. The luncheons are held twice annually at the San Antonio Winery in Los Angeles, organized by RELAC members Richard Marciniak and Harvey Kern.



VETERAN ROGER PHLEGM RECOGNIZED

Roger L. Phlegm, a veteran of the U.S. Marine Corps and Harbor-UCLA Medical Center retiree, was recognized at RELAC's recent meeting in Riverside. Veterans attending RELAC events are always introduced to show our gratitude for their service.

(Photo by Linda C. Hopkins)

RETIREES WANTED TO HELP WITH DHR EXAMS

The County Department of Human Resources is looking for retirees to serve as part-time, temporary examination proctors. The pay is \$17.75 per hour and schedules are flexible.

If interested, send a resume to Azniv Tatevosian at atevosian@hr.lacounty.gov. When sending the e-mail, reference Examination Proctor in the subject line.

Passages

Compiled by Judy Hammond, Newsletter Editor



Nichols

Lakshmanan

Judge

Davis

Spellberg

RETIREMENTS:

Joel Sappell, who has served as acting director of communications in the Chief Executive Office since the departure of David Sommers in 2016. Sappell, former website editor of the L.A. Times, was hired by Supervisor Zev Yaroslavsky 10 years ago to handle his website and joined the CEO following Yaroslavsky's retirement. **Lennie LaGuire**, a former Times reporter who worked for Sappell in Yaroslavsky's office, later heading the public affairs section of Public Works and then joining the CEO under Sappell, is the new acting director.

APPOINTMENTS:

Dr. Muntu Davis, public health director for the Alameda County Public Health Department, named L.A. County's county health officer at annual salary of \$304,452, effective July 30. **Dr. Jeffrey Gunzenhauser** was the interim county health officer for four years. **Irene Jung** appointed clinical nursing director, at base salary of \$183,460, to oversee the intensive care-medical nursing services at Olive View-UCLA Medical Center. **Paul R. Parker III** named chief deputy director of the Department of Medical Examiner-Coroner at \$182,015 salary. He was executive officer of the Citizens' Law Enforcement Review Board for San Diego County and a former assistant coroner for Clark County, Nevada. **Robert Smythe**, chief of the Auditor-Controller's audit division, appointed administrative deputy III in Probation Department at annual salary of \$206,997, overseeing the department budget and managing the administrative functions. **Alan Naipo** selected to fill the vacant position of deputy executive officer of the Board of Supervisors at \$156,500 salary, serving as chief administrative officer of the Coliseum Commission. **Dr. Brad Spellberg**, chief medical officer at LAC+USC Medical Center who has an extensive background in biomedical research, named the County's first medical director for bioscience and **Douglas S. Baron**, a senior member of the Chief Executive Office, director of business development for bioscience.

DEATHS:

Michael P. Judge, 74, public defender from 1994-2011. **Dr. Edward Savage, Jr.**, 85, who retired as medical director at King/Drew Medical Center in 2002. Former Sheriff's Commander **Victor Trujillo**, 57, who served 30 years with the department, from cancer. **Allen Everett Doby, Jr.**, 83, who was district director in Parks and Recreation Department when he left in 1975 after 19 years of service to become director of parks and recreation for the city of Compton. In 1980 he became first African-American department head in Orange County when he was named director of parks and recreation for Santa Ana. **Richard Kolostian**, 86, appointed to L.A. Superior Court after serving seven years as a municipal court judge, who had the most seniority of all Superior Court judges when he retired in 2006. Judge **Steven Ogden**, 74, who worked 29 years in the District Attorney's Office before becoming a Superior Court judge, where he served 16 years before retiring. Citrus Court (West Covina) Municipal Court Judge **John Nichols**, 86, from complications of pneumonia. Nichols served 13 years, including as presiding judge, before taking a disability retirement in 1991. L.A. Municipal Court Commissioner **Anthony Filosa**, 78, who served 51 years in the Municipal Courts before retiring in 1999, beginning in the mailroom and becoming the youngest appointed court administrator for the Beverly Hills Municipal Court while still attending law school at night. Former Municipal and Superior Court Judge **Jacqueline Levit Weisberg**, 82, who retired in 1996. Former Sheriff's Sgts. **Paul Bradley Jr.**, who retired in 2000 after 30 years of service; **John W. Fain**, who retired in 1977 after 27 years; and **Alfred Bluff**, who retired in 2008 after 29 years. **Rachel White** (born Rufus White), former chief operating officer of the Department of Children and Family Services who physically transgendered to a woman from 2001-2004. **Martin Finn**, former medical director of public health.



Deputy Joseph Blair today and as a baby with father, Stephen, who was also a deputy.

Deputy Follows in Dad's Footsteps at LASD

Joseph Blair, sworn in as a sheriff's deputy in July, is the son of Deputy Stephen Wayne Blair, who was fatally shot by a gang member during a pedestrian stop in Lynwood in 1995 when Joseph was only 6.

"Dad, it is great to finally follow in your footsteps in becoming a deputy sheriff," Joseph wrote in a post on the Officer Down Memorial Page dedicated to his father. "I am going to do everything I can to make you proud.... I love and miss you, Dad. You will never be forgotten."

ELECTIONS:

Sheriff **Jim McDonnell** and Assessor **Jeffrey Prang** are in run-offs in November after winning only 48 percent of the vote in June, facing retired sheriff's Lt. **Alex Villanueva** and perennial candidate **John "Lower Taxes" Loew** respectively. Supervisor **Hilda Solis** was unopposed for re-election and Supervisor **Sheila Kuehl** easily won re-election with 75.5 percent of the vote.

COURTS:

Matthew David Winters, 51, charged with downloading child pornography while at work at the El Monte fire station and destroying or concealing evidence. Children and Family Services Department adoptions manager **Carlos Castillo**, 54, charged with possessing and distributing child pornography on his personal computer. Fire Department firefighter **Leopold Caudillo**, 48, a former technology manager, placed on one year probation and fined \$2,750 restitution after completing 100 hours of community service for his role in the 2012 Coliseum embezzlement and bribery case. Sheriff's Deputy **Matt Kochoon**, accused of misleading supervisors on work hours and falsifying patrol records, pleaded not guilty to seven felony counts--a grand theft count and six counts of removing, destroying or falsifying a public record while an official custodian of records. Retired Sheriff's Lt. **David Smith** charged with obstructing justice for allegedly tipping off a massage parlor employee about upcoming law enforcement raids in exchange for sexual favors or gifts

RECOGNITIONS:

Antonia Jimenez, acting director of the Department of Public Social Services, received the 2018 Public Innovation Award from the Network for Social Work Management. **Dr. Lakshmanan Sathyavagiswaran** and **Dr. Christopher B. Rogers** co-edited the second scientific textbook published by the County, with royalties going to the Department of Medical Examiner-Coroner.

Inside LA County

by Judy Hammond, Newsletter Editor



Supervisors will ask voters in November to increase property taxes on residential and commercial properties to raise about \$300 million a year for storm water projects. The tax of 2.5 cents per square foot of "impermeable" surface would cost the average single-family homeowner \$83 annually.

Supervisors are also considering putting another tax measure on the ballot to pay for critical infrastructure needs of the Fire Department.

The Ford Theatres newly remodeled Sheila Kuehl Amphitheatre includes a new stage, world-class acoustics, enhanced facilities for performers and patrons, and a gourmet dining terrace.

Sheriff's deputies have beefed up patrol of Puente Hills after social media made the trails there a popular destination for underage drinking and illegal parties.

The County has asked developers to come up with innovative ideas to transform the shuttered courthouse in downtown San Pedro into a community-oriented facility.

Mother's Beach in Marina Del Rey is sporting new picnic tables, shelters and bathrooms.

Supervisors want the state to adopt an emblem designed by the County's Office of Cannabis Management to universally designate licensed cannabis retail stores.

Metro approved a new light rail for the East San Fernando Valley that runs 9.2 miles up Van Nuys Boulevard from the Orange Line station to the San Fernando Metrolink station, with 14 stops.

The County's final 2018-19 budget is \$31.4 billion and increases the workforce to 111,392 budgeted positions.

Supervisors have approved the environmental impact report and \$2.2 billion budget to replace the aging Men's Central Jail in downtown Los Angeles with a new facility to provide treatment and rehabilitation of medically and mentally ill inmates, who represent an estimated 70 percent of the overall jail population.

The recently decommissioned Probation Camp Gonzales will be transformed into a first-in-the-nation residential career and educational training center for young men who have been supervised by probation, involved in foster care, and/or are homeless.

The County has created a task force to come up with a plan to register as many "justice-involved" (in jail or on probation) county residents as possible in advance of the November election.

The Board recently approved funding six more affordable housing projects, noting that more than 800,000 renter households qualify for affordable housing in the County, but fewer than 300,000 units are available.

A new website -- www.la-hop.org -- funded by Measure H tax funds allows homeless individuals and the public to request an outreach team come out and offer help to homeless individuals.

Supervisors approved overnight installation of two portable toilets and hand-washing stations at a Venice beach parking lot, and overnight parking spaces for homeless people living in their vehicles at two county-owned buildings in Hollywood and North Hollywood.

Museum of Art Director Michael Govan wants to set up two permanent satellite locations in South Los Angeles to reach more people with diverse ethnic backgrounds and income levels.

Supervisors approved a \$1 million settlement to a teen-ager who was sexually assaulted weekly by deputy probation officer Oscar Calderon while she was held in Camp Scudder in Santa Clarita in 2016. In fiscal year 2016-17 the County paid \$80 million in judgments and settlements.

Metro has begun replacing the cloth on subway seats with vinyl to cut down on germs. No plans yet to do the same on the buses or light-rail lines.

Sheriff Jim McDonnell is investigating whether Compton station deputies with matching skull tattoos are in a secret society or just sport the tattoos as a sign of comradery.

Former County Counsel Mark Saladino paid the County \$50,000 and apologized to the

Board of Supervisors after losing two lawsuits relating to his demotion in 2015. He said he was unaware of all the facts surrounding the demotion and filed the legal actions alleging wrongful termination and violation of the state's open meetings law "out of a sense of being treated unfairly." Saladino, who later took a disability retirement, said he deeply regretted his county career ended this way and "will be remorseful until the day I die."

Supervisors have called for another examination of system shortcomings after the death of a 10-year-old boy who had been the subject of at least 16 calls to the child abuse hotline and police.

Supervisor Janice Hahn insisted that a project labor agreement be included in plans to develop the south side of the Rancho Los Amigos campus in Downey.

The County says software misconfigurations, not a cyberattack, was the cause for the omission of 118,509 names from printed voter rosters in the June election.

The stars of the 1972 hit show "Emergency" were among those attending the grand opening of the L.A. County Fire Museum in Bellflower.

Approximately \$730,000 has been approved for final renovations at the Baldwin Park Animal Care Center.

Supervisors approved building a pedestrian bridge over La Cienega Boulevard to create the final link in a 13-mile trail that will stretch from Baldwin Hills to the ocean.

The County decided not to transfer Eaton Canyon Golf Course to the City of Pasadena after residents protested, fearing the city would make the site a park.

The hourly minimum wage went up in July to \$13.25 for employees of large businesses in unincorporated areas and \$12 for small businesses, compared to the state minimum wage of \$11 and \$10.50 respectively.

The Board approved putting the Chief Executive Office, instead of the director of personnel, in charge of recommending creation and allocation of employee positions and classifying all positions.

The Sheriff's Department broke ground on a new 46,000-square-foot station in Santa Clarita to replace the current facility built in the 1970s, which it had outgrown.

The new \$8.3 million, 8,000-square-foot Willowbrook Library replaces an outdated 30-year-old 2,200-square-foot facility and is the first in the County to be in a mixed-use building with 100 affordable senior housing units above.

The Board is now requiring contractors to abide by the County's Policy of Equity adopted in 2011 to address inappropriate workplace behavior or disparate treatment based on gender, race, religion, age and sexuality.

The County Community Development Foundation awarded more than \$24,000 in scholarships to 26 public housing and Section 8 participants.

Supervisor Janice Hahn sent Metro staff back to the drawing board after they presented a plan that would have cut off South Bay riders from both the future Crenshaw / LAX line and the rest of the Green Line.

The opioid epidemic prompted Sheriff Jim McDonnell to invite law enforcement officials from other agencies, representatives from public health and mental health, and other related experts to discuss the role of police in the crisis. Officers are often the first to arrive at the scene of a medical emergency.

(RELAC member Lee Gale Gruen retired from the L.A. County Probation Department in 2002 after serving 37 years as a probation officer, her only job since graduating from UCLA in 1964. Now 76, she recently moved to the San Francisco Bay area to be close to her children and three grandchildren.)

MY SECOND ACT

by Lee Gale Gruen

I was 60 and newly retired from my 37-year career as a probation officer with Los Angeles County. I was lost and didn't know what to do with myself. A friend told me about classes for seniors at Emeritus College in Santa Monica. I looked in the catalog and found a scene study class under the theater arts section. I didn't know what that meant and just assumed that the students sat in their seats and went around the room with each one reading a line or two from a play before discussing and analyzing it. I'd always enjoyed plays and I figured I could handle that, so I enrolled.

I walked into the classroom on the first day. Everyone else there seemed to know each other; they had obviously been taking the class for a while. I was the new kid on the block and felt a bit intimidated. Right after I found a seat, a man approached me. "You want to read this with me," he said, holding out a few sheets of paper. "Okay," I answered, not quite understanding what he meant. He walked up to the front of the room and turned to see if I was following him. "Come on," he said with a spark of irritation in his voice since I hadn't moved from my chair. *Oh my God, we're supposed to read standing in front of everybody?*

I felt like running out, but how could I; I was a mature senior after all. I could hear my heartbeat banging against my eardrums. During my career, I had worked with murderers, robbers, rapists and the like, the most feared members of society. Nevertheless, I had never conquered my agonizing stage fright ever since I had to give a book report in front of the class in grammar school. The other kids always snickered and teased the poor sucker trying to read his damned report.

Slowly, dragging it out as long as I could, I made my way up to the front of the class to join the man who had handed me the script. It was a scene from "Death of a Salesman," an exceptionally complex play. I had never acted in my life nor had any aspirations to do so.

I began to read my lines in a very shaky voice. All of a sudden, a strange thing happened to me. I became so engrossed in the role that I completely forgot that a roomful of strangers was watching me and judging me and maybe snickering. When we were finished, everyone dutifully clapped. I looked up and realized where I was and that I was not Willy Loman's wife from the play. What a high -- I was hooked!

A few weeks later my mother died, and my usually outgoing, charismatic father was depressed and withdrawn. "Come with me to my acting class, Daddy," I blurted out without even thinking about it. "You can just sit in the back of the room and you don't have to do anything."

It took some convincing, but I finally wore him down. We entered the classroom a few days later and sat in the last row. About midway through the class, the teacher called on my father to come up front to participate in an improv exercise with another student. I was concerned that he wouldn't want to do it, but he stood up and walked jauntily toward the front. While reading, he really seemed to be enjoying himself.

On the way home, Dad wanted to know what time I was picking him up next week for our class. That began a magical journey attending the class for the next three years. We bonded more during those years than we had in the previous 60. I started writing scenes for us as there just wasn't any professional material available for an 85-year-old man. The only real writing I had ever done was as a probation officer composing reports for judges to assist them in sentencing criminal defendants. I had never done any creative writing. Nevertheless, I had to try.

I wrote humorous dad and daughter scenes where dad was an irascible old man and daughter was always tearing her hair out with his antics—not always so far from the truth. We performed our scenes in the acting class showcases twice a year onstage before live audiences. We were the only senior father and daughter team ever in that class, and the audiences adored us.



I was starting to gain more confidence in myself, and my stage fright was pretty much gone. I networked with other class members and learned how to go on auditions for real acting jobs. After a few awkward tries at it, I got better. I had professional headshots taken. I created a resume, which was pretty sparse since I only had acting roles from what I'd done in class.

Soon, I booked my first paid acting job. It was a commercial, and I earned \$400. I couldn't believe it! Didn't they know I would have done it for free? After a while, I got an agent, went on even more auditions, and booked more jobs. I slowly started to feel like a real actress as my resume began filling up. Of course, I shared it all with Dad, who was living in a nursing home by then. He was experiencing it vicariously through me. We loved talking acting whenever we could.

I have now appeared in numerous roles in commercials, television, film, theater, and print. I worked for 12 years at UCLA Medical School portraying patients for student training and am doing the same at a nursing school near my new home in Northern California. I have played such diverse roles as a granny rapper, a sexy senior, and a trash-talking gangster granny with a machine gun. I have been in a Super Bowl commercial, been an exercise/dancer in a Jane Fonda exercise video geared to Baby Boomers and seniors, and appeared in a TV comedy skit on the Film Independent Spirit Awards, playing the mother of the show host, Patton Oswalt.

The story of my transition from retired probation officer to senior actress has been written about in Time Magazine, the Los Angeles Times, AARP "Life Reimagined," and in Marlo Thomas' 2014 book profiling different women who have reinvented themselves.

I wrote a memoir about it all, which was published in 2013 titled "Adventures with Dad: A Father and Daughter's Journey Through a Senior Acting Class" (website: AdventuresWithDadTheBook.com), and it is available on Amazon.com. I included all of the dad and daughter scenes I performed with my father in the class showcases. I wrote a screenplay based on my memoir, and I hope to get it produced. I write a free blog, "Reinventing Myself in My Retirement," at: LeeGaleGruen.wordpress.com. I am also a professional speaker on the topic of senior reinvention. My goal is to inspire Baby Boomers, seniors, and retirees to find a passion as a motivation to embrace life, which is what I did.

My new life -- my "second act" -- came about because I found the courage to read that scene in a senior community acting class 16 years ago.



IN MEMORIAM

This list includes retired employees, both RELAC members and non-members.

Aids Program – Martin Finn

Assessor – Claire B. Bucher, Kathryn L. Groschwitz, David L. Jefferson, Cynthia S. Joyce, David B. Kim, Gloria L. Singco, Rachel L. Tom, Edrie A. Trevino

Auditor-Controller – Wei Gin, John C. Strong

Board of Supervisors – Teresa S. Davis

Chief Executive Office – Henry S. Bachrach, James W. Petersen, Frances N. Shelton

Chief Information Office – Andrew Dixon

Child Support Services – Ngoc Q. Dang, Marlene Davis, Ezzat L. Guirguis

Children & Family Services – Velma Aiken, Susan J. Bertotti, Billie J. Conlee, Judith A. Fell, Jacqueline Guillory, Doris Hollyfield, Melida A. Luna, Miriam D. Montiel, David S. Pullar, Wanda Seargeant, Frieda G. Winston

County Counsel – Rosemary C. Simon-Theard

District Attorney – Idamay H. Altvater, Gerald G. Cohen, Richard H. Weber

Engineer – William F. Barnett, Jr., Emilio Martinez

Facilities Management – Jack C. Sandberg

Fire – William P. Artz, Kenneth E. Biggs, William H. Cyrus, Earl D. Deever, Richard A. Dorn, Caren M. Elliott, Lillian V. Gaskill, William J. Hunter, Harold Johansen, Robert W. Olson, W. G. Sartain, Larry H. Ware, Walter C. Yaeh

Flood Control – Thomas R. Melton, John A. Vrsalovich

Harbor/UCLA Medical Center – Carlota R. De La Torre, Opal Henderson, Ethel L. Hunter, Wai-Nang P. Lee, Estelle T. Rivera

Health Services Administration – Grace E. Butler, Jacqueline Cook, Salvador M. Espiritu, Katherine Hullett, Mildred Johnson, Hilda B. Pentreath, Tamsak Prasanchum, Sheron Thompson

Human Resources – Robert Bauer

Internal Services – Jose Luis Enriquez, Richard L. Haller, Jr., Mary A. Lee, John Norman, Arthur E. Ogawa, Irving Rabowsky, Bernadine Ramsey, Bryan W. Richards, Ronald D. Satern, Sharon K. Watkins

Juvenile Court Health Serv. – Ralph M. Demarco, William L. Minkowski

King/Drew Medical Center – Dorothy Bennett, Lewis A. Hamilton, Patricia A. Hayes, Felisa Redoblado

LACERA – Coe Campian

LAC+USC Medical Center – Vernella Bernard, Marianne Delia, Venetha Du Pree, Jimmy Fuller, Gladys M. Gates, Beatrice Hooks, Esther A. Lazo, Araceli V. Magpantay, Thelma McRath, Lupe D. Noriega, Blanca Palomo, Mona H. Petti, Patricia J. Resnover, Carmen A. Salcido, Alice Sharp, Betty J. Spencer, Jean Tillett, Albert E. Yellin, Annette M. Youngblood

Medical Examiner/Coroner – Joe A. Murillo

Mechanical – Delmar E. Bradley, James W. McAdam, Billy J. McClane, Darold B. Smith

Mental Health – Dennis P. Carrasco, Mency R. Youngblood Cotton, Ruth C. Sheppard, Joy A. Wikoff

Municipal Court (South Bay) – Roberta J. Streeter

Museum of Natural History – Ann E. Padersen

Olive View/UCLA Hospital – Ruth E. Burkhard, Armal B. Carpenter, Edward R. Lind, Jonna Meloni, Helen K. Priest, Jane Sabbe, Ninanne M. Verrone

Otis Art Institute – Samuel R. Clayberger

Parks & Recreation – Ruth I. Blake, Allen E. Doby, Michael Falcon, James P. Martin, Jeffrey R. Workman

Probation – Alma P. Caron, Juanita M. Christian-CL, Joyce M. Devore, William M. Erickson, Shirley I. Haworth, Jonathan A. Holter, Winifred C. Le'Forbes, Carol A. MacFarlane, Richard Matson, Winifred O. McCloud, Stephen R. Speck, Sidney A. Stern, Phillip S. White

Public Defender – Mary A. Baiocchi, W.J. Hardy, Michael P. Judge, Arthur P. Leone

Public Health Program – Ghezahegn Asamere, John E. Bergen, Joseph Daszek, Roland R. Lopez, Henrietta O. Ogbechie, Shirley Reynolds, Irwin A. Silberman

Public Social Services – Maria D. Abarca, Amelia Aleman, Bernice Alfasso, Ruth Aparicio, Avonne H. Arch, Jose Avelenda, C. R. Basconciello, Barbara J. Bell, Marcos M. Calderon, Marjorie A. Carpenter, Barbara A. Coleman, Hugh A. Dane, Henry E. Felder, Maria C. Gonzalez, Myrtle Jordan, Judith J. Kaplan, Donna Losey-Scott, Fujie Murakami, Claire A. Murphy, Richard D. Odekirk, Stefan R. Oprisan, Betty J. Peterson, Marilyn B. Poole, Joy L. Rideout, Victor Romero, Tork San, Ana M. Sanchez, Lawrence H. Scharps, Phyllis Schorr, Theresa S. Soliz, Shirley J. Stevenson, Rudolph Struever, May S. Tokeshi, Eteri Tserikidze, Carolyn V. Tramel, Betty Ward, Leone G. Williams, Xelophane D. Williams, Theresa Wilson, Carolyn W. Woodyard, (Ms.) Melvin G. Yeager

Public Works – Floyd A. Gilliams, Katherine Maurizio, Robert H. Mounier

Rancho Los Amigos Hospital – Joyce Hancock, Helga L. Hohaus, Karen L. Johnson

Reg.-Recorder/County Clerk – Fe M. Deguzman

Sheriff – Karen T. Bartlett, Avis D. Bereal, Nancy A. Brown, John E. Campbell, William E. Carpenter, Marlin C. Cassa, Melvin H. Cavanaugh, Lynn E. Clingo, Myron D. Cole, Laverne V. Collins, Henry H. Cooper, Richard C. Cooper, Lyle R. Eckhart, Joyce M. Frost, George Giakoumakis, David Goldstein, Mary "Gwendolyn" A. Greer, Gary G. Griffith, Charles W. Hammond, Jr., Randy D. Haney, James W. Hannon, Darrin A. Hayes, David L. Hoffer, Herbert M. Howard, Don F. James, Dorothy J. Johnson, Pamela Z. Jones, Robert G. Krug, William D. Kruse, A. N. Laggren, Patrick J. Lavelle, Leda H. Letts, Larry A. Luter, Celeste Y. Milby, Frederick D. Pausch, Leroy G. Pike, Alfredo C. Reyes, Gary E. Robinson, Gail B. Scorza, Odon P. Skupen, Robert L. Steere, Margaret C. Straupe, Walter J. Streeton III, Jon B. Tice, Paul J. Whiteley, Paul E. Zeltner

South Coast Air Quality Mgmt. Dist. – Juanita D. Rubin

Superior Court/County Clerk – Diane K. Aznak, James A. Cook, Yoshiye Y. Corcoran, Ruth M. Hernandez, Frank R. Manzano, Bettie L. Marve, Ted I. Matsuda, Steven D. Ogden, Donald F. Pitts, Sandra L. Runkle, John H. Sandoz, Lois T. Sims, Ritsuko Tanaka

Workforce Development, Aging & Comm. Svcs. – Shirley I. Haworth

Department Not Designated – Lourdes S. Carpio, Donald W. Koepp, Mary F. Ohashi, Joyce Reed, Vernon L. Rickstrew, Geraldine J. Vassar



RETIRED EMPLOYEES
of LOS ANGELES COUNTY
1000 South Fremont Ave. Unit 15
Alhambra, CA 91803-8802

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Upcoming RELAC Events

Tuesday, Sept. 25, 2018

General Membership Meeting

Los Angeles County Arboretum, 301 N. Baldwin Ave., Arcadia

Featured Speaker:

Gabriela Hernandez, Kaiser Health Educator, "Hypertension"

~ DOOR PRIZES ~

9 a.m. Complimentary Refreshments - 10 a.m. Meeting Begins

Following the program, members are welcome to tour the Arboretum at no cost.

DRIVING DIRECTIONS: From Route 210 Freeway: Exit at Baldwin Avenue. Go south on Baldwin ¼ mile. Turn right into first driveway and park in front of Ayres Hall. **From Huntington Drive:** Go north on Baldwin Avenue 1 ¼ mile. Turn left at the traffic signal and enter the parking lot. Ayres Hall is located just off the northerly portion of the lot.

Saturday, Oct. 13, 2018

Annual RELAC Picnic

Santa Fe Dam Recreational Area #5, 15501 E. Arrow Hwy., Irwindale

THE BIGGEST OUTDOOR EVENT OF THE YEAR - \$25 INCLUSIVE

10:30 a.m. to 3 p.m.

Celebrating Our 60th Birthday and Honoring Veterans

MUSIC PROVIDED BY "The Bobby Z Band"

BINGO, RAFFLE DRAWING/GREAT PRIZESand MORE

FREE PARKING

CATERED LUNCH – 11:45 a.m. - 1:30 p.m.

St. Louis Style Ribs ~ Tender Chicken Breasts ~ Hot Dogs

Baked Beans ~ Fresh Fruit ~ Cole Slaw ~ Potato Salad

Rolls & Butter ~ Gourmet Cookies ~ Brownies

Bring a folding chair if you want to sit closer to the music

MEMBERS & ADULT GUESTS

(Reservation Form Inside, Page 4)

IMPORTANT!
*Are you moving?
Did you change your
name, address or
e-mail address?*

Cut out the address portion of this newsletter, correct it and mail to:

RELAC

1000 S. Fremont Ave.,
Unit 15 Alhambra, CA
91803-8802 or

Phone:

(800) 537-3522

(626) 308-0532

Fax: (626) 308-2901

Email:

admin@relac.org

website:

www.relac.org

Note: It is important that you mail this to RELAC or contact RELAC by phone as we DO NOT receive your address change from LACERA.

