

## President's Message

by Greg Walia

It has been a bit hectic at RELAC the past couple of months. Arranging the horse racing event at Hollywood Park, Dodgers fireworks night, golf tournament at Los Verdes Course, regional meeting in San Diego, interviewing nominees for RELAC Board, general membership meeting in Canoga Park, etc. has kept us quite busy in serving our members (with pleasure). In addition, planning for future events such as horse racing at Santa Anita, regional meeting in Ventura, general membership meeting in West Covina and RELAC's annual picnic in September are but a few examples of what keeps your Board and volunteers on committees busy.

**Board of Directors:** Since RELAC had no volunteers who submitted a petition for a seat on its Board of Directors by the July 31 deadline, the slate of five nominees (mentioned in the last issue of Newsletter) is now considered duly elected to serve their three-year terms on the Board beginning January 2011. Four of the five nominees are incumbent Directors. They are:

**William de la Garza  
Martin Golds  
George Hernandez  
Marianne Reich**

All four continue to do a fantastic job as chairs of various committees. We heartily welcome them back to serve you for another term.

The fifth nominee and the new Director is **David Muir**. Dave retired in July 2009 from his position as LACERA's Chief Counsel. In this capacity, Dave developed a high level of expertise in legislative matters. He was responsible for reviewing and analyzing all bills affecting LACERA and for assisting the Board of Retirement and/or Board of Investments in taking positions on bills that could have an impact on LACERA. He currently serves RELAC on its Bylaws/Nominations/Elections and Legislative committees. Dave's expertise on issues affecting our retirees will be greatly welcomed. Congratulations Dave on your election to the RELAC Board.

**Budget and Membership:** I'm pleased to report that at RELAC we continue to live within our budgetary limits without sacrificing quality service to our members. This has been possible through greater use of latest technology in office operations and making necessary budgetary adjustments and cuts as appropriate. Credit for this goes to various committee chairs for organizing and planning their activities with prudence and greater efficiency.

As I've indicated in the past, enrolling new members continues to be a challenge for us. Good news is that concerted efforts by the Membership/Recruitment Committee have resulted in a slight increase in new member enrollments this year over the same period last year.



## Pension Tax Initiative Petitions Circulating; Do Not Sign

In the July/August issue of the Newsletter readers were informed about the initiative which will impose a steep extra California tax on all pension income over \$40,000 paid to state residents. For example, anyone whose pension is between \$40,000 and \$50,000 per year would pay \$5,000 plus 20% of their pension income over \$40,000. Those with higher pension income would pay much more. And this is in addition to the existing income tax paid on pensions. California pensioners who live outside of California would be subject to a one time excise tax of 50% of their predicted life-time pension income over \$40,000 per year.

This tax may also be a threat to those currently receiving less than \$40,000. They would become subject to the extra tax if future cost of living increases raise their pensions over \$40,000.

In our previous coverage of this subject some reasons were given to believe that the sponsor, Paul McCauley, would not be able to obtain the 433,971 signatures required to get the initiative on the ballot. With past initiatives he has failed to collect the required number of signatures. This time he will engender more opposition because the tax would apply to private as well as public sector employees. And Californians seem to be reluctant to support any kind of new tax. But the drumbeat of attack on public employee pensions continues and in this climate anything is possible. We all need to be careful about what petitions we sign. And we should spread the word to relatives and friends to refuse if they are solicited to sign a pension tax initiative petition.

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## Retirement Board

by Bill de la Garza  
Your Elected Retirement Board Trustee



Dear Friends,

I would guess that for the past few weeks you are tired of reading information regarding pension reform and pension spiking by government agencies. Well, as your-elected trustee on the LACERA Board of Retirement, I can assure you that, unlike the cities of Bell, Maywood, Vernon, etc., our LACERA Pension Plans are doing well and are free of any corruption or wrongdoings. LACERA is also supporting legislation (Assembly Bill 1987) that opposes pension spiking and double dipping. Unlike the State of California, the City of Los Angeles, and many other municipalities throughout the State of California, I'm pleased to report that our LACERA pension plans are not going to bankrupt the County of Los Angeles. Sure we have been through a difficult period, but we have continued and will continue to weather the storm. To put it simply, our pensions are guaranteed and well managed.

As retired Los Angeles County employees we need not apologize for having good retirement and medical plans. We worked hard for these benefits. I can remember in 1961, when I was an entry level Assistant Parks and Recreation Director at Lomita County Park, my salary was \$300 a month. The County took \$30 a month out of my paycheck for retirement and medical. Also, the Federal and State took their share of monies out of my paycheck. Even with my wife working we were living from pay check to pay check, struggling to make ends meet. During that time my high school and college buddies were making big bucks in the aero space and other private sector industries. My friends took vacations and drove new cars and did many things that I could not afford to do. Well today many of my friends who worked in the private sector are living on small retirement and social security pensions. When they ridicule me about having a good pension and medical plan, I simply remind them about the old days when I was a humble County employee making \$300 per month and that I worked hard and planned for my retirement.

I would like to take this opportunity to thank my retired RELAC friends and co-workers Cheryl Bellanger, John and Amanda Castaneda, Domingo and Joyce Delgado, Ron and Barbara Gagnon, Del Gamble, Julio and Lynn Guevara, Jim Guild and Susie Hyi, Warren and Gloria Heer, Lorene Kerr, Joe and Louise Lancaster, Maxine Moeller, Ed and Jean Petterson, Al Patapoff and Bob Shipley from Parks and Recreation for their thoughtful words and well received sympathy cards regarding the passing of my wife Rachel.

Enjoy your retirement and stay healthy. As customary, I leave you with this thought:

*"Life is short, Break the rules, Forgive quickly, Kiss slowly, Love truly, Laugh uncontrollably, and never regret anything that made you smile."*

Anonymous

We are pleased to share the following letter from RELAC member Bill Yaney. It is highly pertinent as well as complimentary of our organization. He makes an excellent case for Los Angeles County retirees, present and future, to join RELAC. Spread the word. - Editor

RELAC is an organization for the retired employees of Los Angeles County [www.relac.org](http://www.relac.org). I just recently joined up with these folks because they keep us up to date on all the legislation pending and other political stuff going on that may affect us. They are tracking the McCauley Pension Tax Initiative that is a potential threat to us all. This character is trying to get on the ballot an Initiative of an income tax surcharge on all pension taxable income of \$40,000 and on ALL retired residents! The Initiative defines taxable pension income as all such income including both employer and employee contributions and employer paid health insurance premiums. With that definition, our incomes would be bumped way up there as they would count the cost of health insurance, our 459 or 401 money, plus the reduced social security that we get. So, on a pension of \$40,000 to \$50,000 there would be a surcharge of \$5,000 and 20% of income over \$40,000. He also has specified rates for income levels up to \$150,000. So, don't sign the McCauley Pension Recovery Act petition coming to a grocery store or mall near you!

I want to thank my old friend, Karen Hokkanen, from my Social Worker days for letting me know about RELAC. Additionally, for folks still working for Mother County they offer an Associate membership. Come on folks, get on board.

Join up now!  
Bill Yaney  
San Pedro, CA





FREE BINGO

# RELAC'S ANNUAL PICNIC

*Special Welcome Price  
for New Retirees \$5.00*

SANTA FE DAM  
RECREATIONAL AREA #5  
15501 E. Arrow Highway,  
Irwindale  
**FREE PARKING**

**SEPTEMBER 25, 2010  
10:30 A.M. TO 3:00 P.M.**

COME PLAY FREE BINGO WITH DOMINGO  
Many, Many Prizes – Games Start at 1:30 P.M.

CATERED LUNCH – PICNIC SERVICES  
(Food, Fun, Entertainment)

**LIVE BAND**  
*With Jennifer & Line Dancing*

**THE BIGGEST EVENT OF THE YEAR \$15.00 (inclusive)**

LUNCH SERVED AT 12:30 P.M.  
St. Louis Style Ribs ~ Tender Chicken Breasts ~ Hot Dogs  
Baked Beans ~ Fresh Fruit  
Corn on the Cob ~ Cole Slaw ~ Potato Salad  
Rolls & Butter ~ Gourmet Cookies ~ Brownies  
All Soft Drinks & Beer You Can Drink

*Bring a Folding Chair  
(If you want to sit closer to the music)*

MEMBERS & ADULT GUESTS

**ADULTS ONLY**

**REGISTRATION FORM**

**ADULTS ONLY**

Date Retired \_\_\_\_\_ Dept. Name \_\_\_\_\_

Member \_\_\_\_\_ Guest(s) \_\_\_\_\_

(Add'l. guests – attach list)

No. of tickets \_\_\_\_\_ @ \$15.00 ea. = \$ \_\_\_\_\_

New Retiree tickets \_\_\_\_\_ @ \$5.00 ea. = \$ \_\_\_\_\_ Total \$ \_\_\_\_\_

Mail to: RELAC Picnic  
1000 So. Fremont Ave., Unit 15  
Alhambra, CA 91803-8802

Info: (626) 308-0532  
(800) 537-3522  
E-Mail: admin@relac.org

Present RELAC Membership Card at entrance to park. NO admission without advance registration.  
RSVP by September 20, 2010

## News From LACERA

by Janice Golden  
Assistant Executive Officer

Retirees may notice the new messages on the back of LACERA paychecks and Automatic Deposit Receipts (ADRs). These messages are an added security feature.

As fiduciaries of the Trust, we have an obligation to ensure monthly retirement allowances are disbursed only to the appropriate payees. In situations where someone other than the payee has possession of the check, or access to the account where the retirement allowance is directly deposited, the message on the back alerts the individual that the check and funds are intended solely for the named payee. The alert specifies if the named payee no longer has access to the account or has moved, to notify LACERA immediately at 1-800-786-6464, and to return the payment.

Most retirees and their immediate family members are already aware of the need to contact LACERA if the retiree moves, no longer has access to the bank or savings account where his or her LACERA retirement allowance is being deposited, or if the retiree passes away. In the event a distant cousin or friend of a retiree is called upon to take care of the member's affairs, we hope the new alert will assist those individuals in following the proper procedures if they find themselves in possession of a check or ADR of a LACERA retiree.

LACERA continues to identify and employ prudent steps to ensure we are doing all we can to fulfill our mission to provide the promised benefits.



## CIGNA Subscribers Can Make Prompt Switch to Other Plans

LACERA retirees who subscribe to the CIGNA Medical Insurance Plan have seen significant raises in their premiums in recent years. Since 2007 CIGNA premiums have risen 45.3%. As of July 1, 2010 the premium reached a level 17.2% above the Anthem Blue Cross benchmark premium rates. Needless to say LACERA has been deluged with calls from upset subscribers.

At its meeting on August 4 the Board of Retirement Trustees voted to implement an open enrollment period from August 15 through October 15, 2010 for CIGNA plan members. This means that members can transfer from CIGNA to alternative LACERA health plans without having to wait six months for the transfer to take effect as long as they apply before October 15, 2010.

RELAC members can take satisfaction in knowing that members of their Board of Directors, Bill de la Garza and Ed Morris, were active in achieving this waiver of the six-month waiting period. Bill is the elected retiree representative on the Board of Retirement and Ed is the alternate retiree representative. It was Bill who,

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## CHECKING

FREE Checking that Pays  
**1.00%** APY\*



There are only three free and easy requirements to qualify:

- 1 Use your Southland Check Card for at least 10 purchases per month
- 2 Make one ePay, Direct Deposit, or ACH debit transaction per month from your **FREE SUPER CHECKING** Account
- 3 Receive Southland eStatements



- Free Checking that earns 1.00% APY\* with no minimum balance requirements
- ATM fees reimbursed up to \$20 per month
- Rewards Plus Program includes: Purchase Protection and Extended Warranty, Cash Rewards, Rebate Rewards, Savers Club, and so much more!
- Free Online Banking
- Free Identity Theft Insurance
- More surcharge-free ATMs than the largest banking network

Membership is subject to eligibility. All new accounts will be verified through ChexSystems and are subject to approval. \*APY—Annual Percentage Yield. Rate quoted 8-2-10 and is subject to change without notice. To qualify, accounts must have eStatements, 10 Check Card purchase transactions, and one ACH direct deposit, debit, or ePayment per month to earn qualifying rate and ATM refunds. Qualifying rate, currently 1.00% APY, will be paid on balances up to \$50,000. On balances over \$50,000 a lower dividend rate will be paid, currently .10% APY. Non-qualifying accounts will receive a .10% APY dividend rate and no ATM fee refunds will be paid. Reimbursed ATM fees include third-party surcharges and Southland out-of-network fees. \*\*Rewards Plus Program is a companion product to your Southland Checking Account and is available for a \$5 monthly charge. You must enroll for Rewards Plus to receive the benefits and insurance coverage offered. See Rewards Plus Program New Account Kit for complete program details.

**www.SouthlandCU.org • 800.426.1917**



# REGIONAL ACTIVITIES

by Diane Sandoval

Chair, Regional Support Committee

## Ventura Luncheon Meeting

I hope those of you who live in Ventura and other neighboring cities are planning to attend the Regional Luncheon Meeting on September 15, 2010 at the Four Points by Sheraton/Holiday Inn Express. The hotel is located at 1050 Schooner Drive, Ventura, CA 93001. Those of you who live further away, why not plan on taking a mini vacation and spend the night at the hotel. RELAC successfully negotiated a great room rate (\$109.00 per night plus applicable taxes). Simply call the hotel and mention the RELAC event. Several Board Members have attended conferences at the hotel and promise you will not be disappointed.

RELAC has arranged a great menu and program. The cost of the luncheon is \$22.00 per person (partially subsidized by RELAC). The Honorable Mayor Bill Fulton has confirmed to speak at our luncheon. Mayor Fulton was appointed Mayor in December 2009 and will serve a two-year term. He was first elected to the Ventura City Council in 2003, culminating many years of professional and community involvement in local government affairs. The Mayor and his family have lived in Ventura since 1987.

In addition to Mayor Fulton, Janice Golden, LACERA Assistant Executive Officer, has agreed to speak to you about recent events affecting your pension and medical benefits.

Be sure to send in your registration form today with a check payable to RELAC for \$22.00 per person no later than September 3, 2010. Tickets will not be mailed but will be distributed at the door the day of the event.

## Planning for Las Vegas

The committee is issuing an SOS to all RELAC members living in the Las Vegas area. RELAC is seriously considering holding another regional meeting in Las Vegas, NV during the month of March 2011. In order to make it a successful event we need assistance from the locals. Here is your chance to provide input:

- suggest sites for the next Las Vegas meeting;
- suggest a featured speaker;
- assist with planning the program;
- decide on breakfast or luncheon meeting;
- assist with menu selection;
- assist at the registration table.

You decide your level of involvement – our committee is ready to lend a helping hand. We want you to participate and enjoy planning your event. Please call the RELAC office at (626) 308-0532 or (800) 537-3522 to volunteer.



## Ventura Regional Luncheon

Wednesday, Sept. 15, 2010 - 11:30am

Four Points by Sheraton/Holiday Inn Express  
1050 Schooner Drive, Ventura, CA 93001

Luncheon \$22.00 per person

Chose one (per person)

Chicken \_\_\_\_\_ Tri Tip \_\_\_\_\_

Member(s) \_\_\_\_\_

Address \_\_\_\_\_

Guest(s) \_\_\_\_\_

Phone # \_\_\_\_\_

Number of Tickets \_\_\_\_\_ @ \$22.00 ea

Total \$ \_\_\_\_\_

### DEADLINE SEPTEMBER 3, 2010

Make checks payable to:

RELAC

1000 S. Fremont Drive, Unit 15  
Alhambra, CA 91803-8802

More Info:

RELAC (626) 308-0532

Toll free (800) 537-3522

email: admin@relac.org

web: www.relac.org



## President's Message continued from p.1

Let us see if we can continue this trend. Your help in this effort is always welcome and much appreciated.

**Communicating and Volunteering:** We continue to receive positive comments from our members about our Newsletter. Members also send us "thank you" for pocket calendars, Valentine day drawings and for birthday cards from those who are over ninety years young. We very much appreciate that. Also, we encourage you to send us your thoughts about how we can better serve you. You can do that via e-mail, by writing to us or by calling us at our toll free number, and please do consider volunteering your service on any of our several committees and helping your fellow retirees.

A final thought: If you ever find yourself down or in a depressed mood, remember these four magical words: "THIS TOO SHALL PASS".

Stay Happy and Healthy.

## Investments Board

by Diane Sandoval  
Retiree Representative,  
LACERA Board of Investments



According to a report from Lisa Mazzocco, LACERA Chief Investment Officer, the portfolio is expected to exceed our investment earnings assumption rate of 7.75% for the fiscal year just ended (June 30, 2010). For those of you who have forgotten the period covered, it is July 1, 2009 through June 30, 2010. Please keep in mind that these returns are unaudited and are estimated until the audit of the financial records is complete. These returns also do not reflect the latest real estate and private equity market values and performance results.

The real estate market has experienced its worst downturn in 25 years. I'm sure many of you (myself included) have personally experienced market value declines of our own residences. Unfortunately the commercial markets have also been negatively impacted by the rising vacancy rates and declining rents in all property types. Needless to say the high unemployment rate and a sluggish economy is a contributing factor as well. The Report estimates that the performance return of the real estate portfolio will be approximately a negative 14.4%.

Shown below is the composition of the real estate portfolio in order to illustrate how the portfolio is diversified as of March 31, 2010:

### By Property Type:

- Office – 31%
- Industrial – 25%
- Apartment – 20%
- Retail – 17%
- Hotel – 5%
- Other – 2%

### By Geographical Location:

- Pacific – 28%
- South East – 19%
- North East – 13%
- South West – 11%
- Mid East – 10%
- West North Central – 8%
- International – 5%
- East North Central – 3%
- Mountain – 3%

The good news is that in spite of the drag the real estate portfolio has had on the total Fund's performance staff estimates that the return will be over 11%. Not to worry, I will provide the actual performance results once they are available. The LACERA Financial Attest Audit for the fiscal year ending June 30, 2010 is scheduled to be completed during the month of October. As of June 30, 2010, the estimated market value of the total Fund is \$33.3 billion.

Thank you for the privilege of serving as your representative on the LACERA Board of Investments and the RELAC Board of Directors. I sincerely appreciate your support.



## Litigation in Orange County Over Retiree Health Benefits is No Threat to LACERA'S Program

by David L. Muir  
RELAC Member

You may have heard there is litigation to stop the Orange County Board of Supervisors from reducing retiree health benefits. Not to worry – that case involves unique facts that don't apply to LACERA's health care program. A decision in favor of the Orange County Board of Supervisors would not provide any support to the Los Angeles County Board of Supervisors should they ever attempt to reduce our benefits.

**The Orange County Case** Orange County began making health care plans available to retirees in 1966. Initially, premiums were determined separately for active and retired employees. In 1984, the County began pooling active and retired employees in the rate setting process. Because it is more expensive to insure retirees, this pooling arrangement resulted in a substantial subsidy of premiums for retirees. According to pleadings filed in the case, the average subsidy per year per retiree was over \$3,000. Beginning January 1, 2008, the County reverted to its prior practice of separately determining premiums for active and retired employees. This eliminated the subsidy retirees had enjoyed from 1984 to 2008. The critical fact in the case is this: although the County and the unions negotiated insurance benefits along with wages during the many years the health insurance program was in existence, the collective bargaining agreements between the County and the unions never set forth in express terms the subsidy that resulted from the pooling arrangement. The Retired Employees Association of Orange County sued the County, arguing that the County's "decades-long practice" of subsidizing retiree premiums created an implied contract to continue the pooling arrangement and that the Board of Supervisor's action eliminating the subsidy violated a vested contract right. The trial court ruled against the retiree association, concluding that the County is only liable for obligations that it enters into through an explicit resolution of the Board of Supervisors. The question now on appeal is whether, as a result of long standing practice, the County and its employees can form an implied contract that gives rise to vested rights. It appears the decision in the case will

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## Last Call For Reservations!

### RELAC DAY AT THE RACES SANTA ANITA PARK

by Mary Rodriguez  
Chair, Recreation Committee



Hello everyone.

It's time to return to Santa Anita Park for another day at the races. In the past this event has been enthusiastically attended by our members. Everyone enjoys it and has a lot of fun.

This year will be no exception! We will again be seated in the Sierra Vista Terrace which offers a great view of the track. The event date is October 7, 2010. The cost is \$33.00 (same as previous years) and includes admission, valet parking, a racing program and, of course, a great buffet luncheon, soft drinks and dessert.

Please fill out the coupon and send your check ASAP. The reservation deadline is September 21, 2010. Your tickets will be mailed to you by September 27, 2010. Please let us know if you do not receive your tickets by October 4, 2010.

Our space is limited so don't be left out. Hope to see you there.

#### RELAC'S Santa Anita Day at the Races

Thursday, October 7, 2010



Name: \_\_\_\_\_

Address \_\_\_\_\_

City: \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Telephone: ( ) \_\_\_\_\_

Deadline for Ordering Tickets: Sept. 21, 2010

No. of Tickets \_\_\_\_\_ @ \$ 33.00.

Total Enclosed \$ \_\_\_\_\_

Please enclose a check for the above amount and Mail to:

RELAC  
1000 So. Fremont Avenue  
Alhambra, CA 91803-8802

Tickets will be mailed to you at the above address by September 27, 2010.

For Office Use:  
Date Rec'd \_\_\_\_\_ Amt \$ \_\_\_\_\_ Chk # \_\_\_\_\_

## A CASINO DAY WITH RELAC

by Mary K. Rodriguez  
Chair, Recreation Committee

I have had several requests from members asking if we could have a day trip to one of the local casinos. So let's try this!!!

### SAN MANUEL INDIAN CASINO

Highland, CA

NOVEMBER 10, 2010

We will depart at 8:45 a.m. sharp and travel by bus from RELAC Headquarters at Fremont and Mission Road in Alhambra to the Casino. Directions, parking location and a map will be sent to you no later than one week prior to the event. The cost is \$35.00 per person. Upon arrival at the Casino you will receive \$30.00 back in Player's Choice Coupons which are good for play or food. I have been told by several people that they have a great buffet, reasonably priced. We will spend approximately five hours at San Manuel.

Let's go and have some fun! I am looking forward to seeing you there.

Please fill out the coupon below and return it with your \$35.00 reservation fee as soon as possible. If we do not meet our minimum of 45, over the age of 21, participants by the reservation deadline of October 22, 2010, we will have to cancel the trip. You must present valid I.D. to the Casino upon arrival.

#### SAN MANUEL CASINO

Highland, CA

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
(City) (State) (Zip)

Phone #: ( ) \_\_\_\_\_

Date of Birth \_\_\_\_\_

Day/Mo/Yr

Additional Guests (include date of birth):

Enclose check for \$35.00 per person payable to:

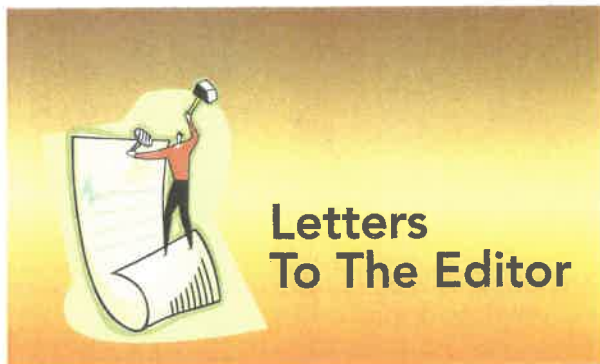
RELAC  
1000 So. Fremont Ave., Unit 15  
Alhambra, CA 91803-8802

**Deadline for reservations: October 22, 2010**

Office Use:

Date Rec. \_\_\_\_\_ Amt \$ \_\_\_\_\_ Ck# \_\_\_\_\_





## Letters To The Editor

As I sit here on my 90th birthday reading the RELAC Newsletter it's about time to thank you many times for all the good things you've given us and keeping us updated on the media attacks on our pension benefits. You have been so great all these years!

Thomas G. Best  
Sierra Madre, CA

I enjoy the RELAC Newsletter and look forward to each issue. Not many of us "Old Timer's" left.

Geraldine Chezem  
Rosemead, CA

RELAC truly feels like family. We have enjoyed your meetings, picnics, and travel tours over the years.

Shirley Geddes  
Chino, CA

Thank you for everything. The articles are very informative and I always look forward to receiving them.

Stephanie Franklin  
Los Angeles, CA

# For Sale



**CEMETERY LOTS** – Double plot in good location, Good Shepherd Cemetery, Huntington Beach, CA, price \$1,000 (retail \$2,000 plus). Contact Andy at [ilpua@cableone.net](mailto:ilpua@cableone.net).

**CEMETERY LOTS** – Three (3) lots, Rose Hills Memorial Park, "Garden of Benediction". Please call (928) 667-7111.

**CEMETERY LOTS** – Four (4) lots in Rose Hills Memorial Park, Whittier, "Garden of Peace" (list price is \$5,800 per lot). Sell for \$4,500 each. Call (928) 758-7220.

**FORD MOTOR HOME** - 1992-28'-Jamboree Fleetwood, Home Class C. Mileage 23,600 miles. Sleeps 6, 4000 watt generator, canvas cover, loaded with extras, in working order. \$12,000 or best offer. For pictures and list of all extras, email [Kerr4you@juno.com](mailto:Kerr4you@juno.com) or call Kerri (714) 899-5756

# Welcome New Members

June & July 2010

Alternate Public Defender  
Castillo, Ramon, Jr.  
Dimauro, Bertram

Assessor  
Auerbach, Rick  
Edgington, Dale T.  
Thompson, Tia

Beaches & Harbors  
Atkinson, Lynn  
Children & Family Services  
Longshore, Wanda  
Novak, Laureen

Health Services  
Jew, Helen  
Walton, Gail L.

Internal Services  
Crum, George  
Taylor, Frank

LAC+USC Medical Center  
Hamabe, K. Ralph

Mental Health  
Henry, Mary E.  
Hill, June  
Medina, Gwendolyn

Olive View Medical Center  
Chen, Peter K.

Probation  
Jansen, Henry W. III  
Pogoler, Laura  
Rojas, William  
Swearingen, Brenda  
Taylor, Betty Norton  
Valeriano, Gilbert

Public Health  
Foley-Munoz, Patricia  
Haley, Cheryl

Public Defender  
Coleman, Toni V.

Public Social Services  
Hill, Everon  
Mike, Bessie

Rancho Los Amigos  
Robinson, Lorraine  
Registrar Recorder  
Bolen, Ann  
Smith, Eula

Sheriff  
Encinas, Wayne A.  
Falbisaner, James  
Meenk, David  
Serazio, Marjan E.  
Department Not Designated  
Abat, Estrella B.  
Liu, Elsa  
Scroggins, Linda J.  
Temple, Charlene

## New Associate Members:

Bolen, Melthorn  
Castillo, Maria  
Chen, Shu K.  
Crum, Alice  
Dimauro, Anne Marie  
Edgington, Terry  
Encinas, Barbara J.  
Falbisaner, Maria  
Gasca, Nickolasa  
Hamabe, Linda M.  
Jansen, Gretchen  
Jew, Miller  
Jones, James  
Liu, Eugene  
Longshore, Robert  
Medina, Benjamin B.  
Meenk, Betty  
Munoz, Mark Anthony  
Serazio, Charles  
Scroggins, Robert  
Taylor, Debra  
Taylor, Leo J.  
Valeriano, Susan



## See's Candy Discount Continues

Some holiday traditions are just too good to abandon! As in the past, See's Candies will honor your RELAC Membership Card to confirm eligibility for special holiday discount rates for their products. These discounts apply to pre-boxed candies of milk chocolates, dark chocolates, soft centers, assorted and nuts and chews in one pound or larger quantities. Significant discounts also apply to their fancy gift boxed candies and specialties which make great gifts for the kids!

Call (800) 877-7337, tell the See's representative you are a RELAC Member, where you live, and ask for the location of the quantity order shop nearest your home. Be prepared to show your RELAC Membership Card at time of purchase. Our organization's discount eligibility is confirmed beginning December 1, 2010 through October 31, 2011.



Retired Employees of  
Los Angeles County  
1000 S. Fremont Ave.  
Unit 15, Alhambra, CA  
91803-8802  
(626) 308-0532  
(800) 537-3522 Fax (626)  
308-2901  
E-mail: admin@relac.org

Board of Directors  
President  
**Greg Walia**  
Vice President  
**Ida Leon Ramos**  
Secretary  
**Mary Lou Bangar**  
Treasurer/ Past  
President  
**Edward C. Morris**

Members  
**Bill de la Garza**  
**Domingo Delgado**  
**Donald Fandry**  
**Martin Golds**  
**Raymond R.**  
**Guyovich**  
**George Hernandez**  
**Alice Prouty**  
**Marianne Reich**  
**Mary K. Rodriguez**  
**Diane Sandoval**  
**Raul Solis**

**Emeritus**  
**Dave E. Kaling**

Editor: Martin Golds  
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sources. However, no  
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Office Hours  
9:00am - Noon &  
1:00pm - 4:00pm  
Monday - Thursday  
Closed Friday,  
Saturday, Sunday &  
Public Holidays  
website: www.relac.org

## Golf News

By Gil Sandoval  
RELAC Golf Director



**Correction**  
Before I get to the  
Los Verdes results,  
I want to correct  
the winner of the "A"  
flight at Los Amigos as  
Benny Martinez's net 60  
was one less than  
Shig Yonamine. My  
apologies to Benny who  
shot a wonderful score of 75.

## Los Verdes Golf Tournament July 26, 2010

Los Verdes, the "A" flight was close but once  
again Benny Martinez edged out Tony Asuncion  
by one stroke with a net score of 69. The "B"  
flight was an easy win for Henry Villasenor as  
he led his group by 5 strokes. The round of  
the day was turned in by Manny Diaz to win  
the "C" flight with a net 62.

Jan Hadley was an easy winner in the Ladies  
flight as her net 70 beat out Nancy Signer in a  
two player match..

### "A" Flight Winner (19 and under)

1st Benny Martinez (69)  
2nd Tony Asuncion (70)  
3rd Mike Haile (72)\*

### "B" Flight (20-27 Handicaps)

1st Henry Villasenor (68)  
2nd Tony Nistl (70)  
3rd Bob Kubo (74)\*

### "C" Flight (28 up Handicap)

1st Manny Diaz (62)  
2nd Bob Cornelius (69)  
3rd John Wehrly (72)

### Ladies

1st Jan Hadley (70)  
2nd Nancy Signer (77)  
3rd None ( )

\*Winner in a card off.

### Closest to the Pin on Par 3's Men

# 3 Tony Asuncion  
# 5 Ron Harrington  
#12 Tony Asuncion  
#17 Tony Nistl

### Women

# 3 No Winner  
# 5 No Winner  
#12 No Winner  
#17 No Winner

### NEXT TOURNAMENT

Monday, Oct. 25, 2010  
Lakewood Golf Course 8:00 A.M. start  
Entry Deadline October 4, 2010

## RELAC Golf Entry Form

Lakewood Golf Course  
3101 E. Carson Street  
Lakewood, CA 90712

**Monday, October 25, 2010**  
**8:00 am start**

Please Print

1. Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

Fees: \$32.00 PER GOLFER - CART EXTRA

If possible, place me in a foursome with below listed  
golfers. Addresses of all golfers MUST be included.  
If possible, we would prefer an  
Early \_\_\_\_\_ Late \_\_\_\_\_ starting time.

2. Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

3. Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

4. Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

NOTE: Only ONE GUEST per member.  
Enclose check for \_\_\_\_\_ golfers @ \$32 per  
Golfer. Make checks payable to RELAC  
Golf. Mail entry to RELAC GOLF, 1000  
So. Fremont Ave., #15, Alhambra, CA  
91803-8802

Entry Deadline  
**October 11, 2010**  
**ALL CHECKS MUST BE**  
**IN RELAC OFFICE**

For Office Use:

Date Rec. \_\_\_\_\_ Amt.\$ \_\_\_\_\_ Ck# \_\_\_\_\_

# Members Spotlight



## *An Invitation from Sisters Together in Retirement (STIR)*



### **VIEJAS INDIAN CASINO ANNUAL FUND RAISER**

Sisters Together in Retirement (STIR), a retiree group of female employees from the Los Angeles County Probation Department, invite you, your family members and friends, to join them for their 10th annual fund raiser event at Viejas Indian Casino in Alpine, CA. Alpine is located in the Cleveland National Forest in San Diego County. This event is scheduled for Tuesday, October 19, 2010 with two busses making the trip from two locations: (1) the Lowe's Building Supply Store parking lot, 120th Street at Crenshaw Blvd. in Los Angeles leaving at 9:00 a.m. sharp (8:45 a.m. boarding), and (2) the Stater Brothers parking lot, 17220 Lakewood Blvd. in Lakewood leaving at 9:30 a.m. sharp (9:15 a.m. boarding). Your trip starts with a continental breakfast and organized games with prizes for a low cost of \$12.00 per person.

You must purchase your seat(s) in advance by sending a check or money order payable to: Sisters Together in Retirement, PO Box 43203, Los Angeles, CA 90043. The deadline for purchasing seat(s) is September 20, 2010. If additional information is needed, you may contact Wivory Brandle (323) 296-2370, Katie Cochran (310) 296-2370, or Helen Walker (626) 335-6431.

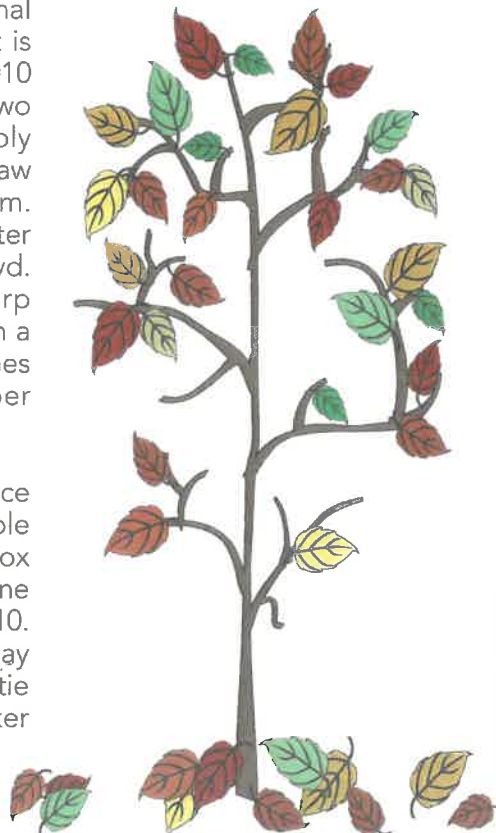
## *Where are you?*

RELAC seems to have lost track of some of its members – in most cases we believe they have moved and not given us their forwarding address. If you are in contact with any of the following "lost" RELAC members, please ask them to call us as at (800) 537-3522 or email us [admin@relac.org](mailto:admin@relac.org).

Daniel Anderson  
Manuel Breton  
Paul Dupont  
Michael Duval  
Raymond Frydendall  
Froncie Guile  
Lawrence Lyons  
Hideo Murata  
Margo Nitzsche  
Jurrie Russell

Stanley Pearson  
Jose Padilla  
Vivian Purpura  
Olga Stephens  
John Trejo  
Margaret Tsui  
Dorothy Tullis  
Patricio Vilorio  
Maria Wright  
Emmanuel Yabut

RELAC does not receive reports of address changes made to LACERA so be sure to let us know if you move!



### **RANCHO RETIREE REUNION LUNCHEON BUFFET**

October 19, 2010  
11:00 to 3:00 p.m. (Lunch at Noon)

**\$15.00 PER PERSON**  
RLAMC

Allied Support Services Annex  
Room 1150

Send check or money order  
by October 4th  
to:

Ms. Sandra Delahoussaye-Bonds  
1216 South Meeker Avenue, #B  
West Covina, CA 91790

If you have any questions call:  
Sandra Delahoussaye-Bonds at  
(626) 814-0421

or  
Steve Hamburger at (562) 923-3973



# VEHICLE LOANS



Southland's terrific rates and terms on new and used vehicles put you in the driver's seat! Speak with a Service Representative or apply online to get pre-approved today!

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- Rate includes a discount of 1.00% with a maximum loan-to-value of 80%

**RELAC Members**  
Join and receive  
a free gift!\*\*

Membership is subject to eligibility. All new accounts will be verified through ChexSystems and are subject to credit approval. \*APR=Annual Percentage Rate. Rate quoted as of 7-1-10 and is for a 60-month term. Rate includes a .25% discount for autopay, which must be from a Southland Checking or Money Market Account and 1.00% discount with a maximum loan-to-value of 80%. The monthly payment is \$18.75 per \$1,000 at 4.74% for 60 months on new vehicles. The rate and payment shown assumes that you have a FICO of 700 or above. Other rates may apply based on credit profile. Rates and terms are subject to change without notice. \*\* Ask a representative for details. Offer good while supplies last.

**www.SouthlandCU.org • 800.426.1917**

## RELAC ANNUAL INSTALLATION LUNCHEON

**JANUARY 20, 2011**

by Ray Guyovich

RELAC members, their spouses and guests are invited to the Annual Installation Luncheon on Thursday, January 20, 2011 at Almansor Court, 700 South Almansor Street, Alhambra, CA. The event will take place in the Grand Ballroom and will cost \$15.00 per luncheon ticket. Choice of entrees – either Atlantic Salmon or Roast Beef, with a salad and dessert. A no-host cocktail hour will be held from 10:30 a.m. to 12:00 noon. The Luncheon and Program will be held from 12:00 noon to 3:00 p.m. Free Parking.



This year's keynote speaker will be Sheriff Leroy Baca. The Transportation Security Administration (TSA) Chorus will again be on hand for inspiring entertainment and the Los Angeles County Sheriff's Department's Color Guard will present the flags.

Tickets must be purchased in advance and may be picked up in the Banquet Room entry. The reservation cut-off date will be January 12, 2011. Since we anticipate a large turnout for this event, and can only accept the first 500 paid reservations, please respond as soon as possible.

### ANNUAL INSTALLATION LUNCHEON January 20, 2011 • Almansor Court, Alhambra, CA

Member \_\_\_\_\_  
Spouse \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_, St. \_\_\_\_\_ Zip \_\_\_\_\_  
Guest(s) \_\_\_\_\_

(Attach additional sheets, if necessary)

#### A. ROAST BEEF

Member/Spouse \_\_\_\_\_ \$15.00/each = \$ \_\_\_\_\_  
Guest(s) \_\_\_\_\_ \$15.00/each = \$ \_\_\_\_\_  
TOTAL \$ \_\_\_\_\_

#### B. SALMON

Member/Spouse \_\_\_\_\_ \$15.00/each = \$ \_\_\_\_\_  
Guest(s) \_\_\_\_\_ \$15.00/each = \$ \_\_\_\_\_  
TOTAL \$ \_\_\_\_\_

TOTAL ENCLOSED: \$ \_\_\_\_\_

**Make check/money order payable to "RELAC" and mail to:**  
RELAC  
1000 So. Fremont Ave., Unit 15  
Alhambra, CA 91803-89802

**No later than January 12, 2011**

# Touring With Great Western

626-578-1161 • 800-344-7090

CST# 1016229-40

## Romantic Rhine and Mosel River Cruise

Switzerland • France • Germany • The Netherlands



—— 10 Days \* 22 Meals ——

Cruise legendary rivers and retrace the routes of history. Pass by magnificent castles, quaint villages and sloping vineyards. Enjoy a blend of classic land touring with elegant river cruising, creating the most relaxing way to experience the heart of Europe!

Departure Date: March 30, 2011

Double: Per Person Air/Land/ Cruise

Category 2 Outside \$3509.00

Category 3 Outside \$3299.00

### • SPECIAL DISCOUNTED RELAC PRICES •

• Valid Until September 30, 2010

#### Cruise Tour Price Includes:

- Services of a professional Tour Manager
- 22 Meals (8 dinners, 6 lunches and 8 breakfasts)
  - Round trip airfare from Los Angeles
  - All airport transfers • Taxes of \$389.00



*Cochern and the Mosel River*



Strasbourg, France



Drosselgasse Street, Rudesheim



Lucerne, Switzerland

## SPECIAL NOTICE

As our readers may know, RELAC's Holiday Meeting in December will not be held at its traditional location, St. Sophia's Parish Hall, because of current renovations. Please note that this year's Holiday Meeting will be held at the beautiful Diamond Bar Senior Center in Diamond Bar on December 8, 2010. So mark your calendars and prepare yourself for an exciting and entertaining holiday program. Starting at 9:00 a.m. there will be great refreshments that will be served with entertainment by The Music Man. This will lighten up your day. Following the formal convening of the meeting we will be entertained by the beautiful voices of the Citrus College Women's Ensemble followed by caroling led by Domingo Delgado. If you have never heard this group before, you are in for a special treat. There will be a grand raffle for those in attendance and numerous gifts will be given away. So, join us in a festive and enjoyable holiday program. Get reacquainted with old friends and make some new ones. Hope to see you all there.

Your Program Committee



## ATTENTION

### Probation Department Alumni!

The Los Angeles County Probation Department would like to establish an exhibit which depicts the history of the Department; the evolution of its programs, events, accomplishments and past leaders. If you are a retiree of the Probation Department and have historic documents, photos, or other artifacts relevant to the department's history, newly appointed Chief Probation Officer Donald Blevins would appreciate the loan or donation of such items for the exhibit. Contributors will be given credit in the display. Loaned items will be well cared for and returned when the exhibit is no longer on display. Retirees who wish to contribute to this effort may contact Ida Leon Ramos at (562) 940-2551.





## RV Outing Notes

Ed Clifton  
Coordinator of RV Club



Since you will be getting this Newsletter before our next outing, there is nothing to report. Our September outing will be at the Chula Vista Marina and R.V. Resort. Details were published in the last edition of the Newsletter. It is one of our most popular outings so I expect a good turnout. I will let you know how it went in the November/December issue.

Our last outing of the year will be at the Shadow Hills R.V. Resort in Indio on November 1, 2, 3, 2010. The cost for three days is \$129.00; the cost for each additional day is \$42.00 per day. We are allowed two days before and two days after our normal three-day outing at group prices. Please make all arrangements (including extra days) through the Wagon Master, Sam Jackson. Use coupon below.

The location and directions for our annual Christmas Party will be detailed in the November/December Newsletter.

### R.V. CAMPOUT RESERVATION

**CAMPGROUND:** SHADOW HILLS RV RESORT  
40655 Jefferson Street  
Indio, CA 92203

**DATES:** November 1,2,3, 2010

Names: \_\_\_\_\_  
(Last) (Retiree) (Spouse)

Address: \_\_\_\_\_  
(No.) (Street)

City: \_\_\_\_\_  
(State) (Zip)

Telephone:( ) \_\_\_\_\_

**DEADLINE: Monday September 27, 2010**  
**Cost: \$129.00 for three days; \$42.00 each additional day.**

Make checks payable to Sam Jackson, the Wagon Master, & send to:  
Sam Jackson  
1348 N. Hacienda Drive  
Ontario, CA 91764  
Telephone: (909) 987-1718

Motor Home \_\_\_\_\_ Trailer \_\_\_\_\_ Length \_\_\_\_\_



## Veteran's Corner



### Avoid Receiving Pre-Approved Credit Offers

The credit bureaus offer a toll-free number that enables you to "opt-out" of having pre-approved credit offers sent to you for five years. Call 1-888-5-OPTOUT (567-8688) or visit [www.optoutprescreen.com](http://www.optoutprescreen.com) for more information. When you call, you'll be asked for personal information, including your home telephone number, your name, and your Social Security Number. The information you provide is confidential and will be used only to process your request to opt out of receiving pre-screened offers of credit.

From The Advisor – a military newsletter serving retirees, their family members, and surviving spouses.

### Tuning Up Your Brain is Subject of General Membership Meeting

by George Hernandez  
Chair, Program Committee

What a great meeting! Over 130 retirees attended the June 15 meeting at the Canoga Park Elks Lodge. Many members took time to express appreciation for the interesting agenda.

None of us want to forget – where we put our keys or more importantly our grandchild's name or the location of our bank. Alzheimer's disease is a reality that affects many seniors. We want to know what steps we can take right now to prevent or even reverse memory loss.

Our guest speaker, Dr Arnold Bresky, Preventive Gerontologist, pioneer of the "Brain Wellness Movement", addressed this concern in his topic "Brain Tune Up" and shared his 9 Point System with us which he indicates will grow new brain cells, re-wire the brain and could slow the progression of cognitive decline by 5 years.

1. Fun & Laughter
2. Relaxation, Meditation & Prayer
3. Music
4. Eight hours of uninterrupted sleep
5. Physical Exercise

continued on p.15

# IN MEMORIAM

*This list includes retired employees, both RELAC members and non-members.  
\* denotes RELAC members*

## Assessor

Cunningham, Claude\*  
Hopper, Carmella\*  
Kato, Katsuo  
Nelson, Janet L.\*  
Johnson, Annie L.\*  
Rittenberg, Evelyn R.\*

## Board of Supervisors

Hamby, John C.  
Oppenheimer, Dawson N.

## CEO

Gaekle, George  
Hoye, Richard I.  
Sabados, Patricia L.  
Tranckino, Mary L.

## Child Support Services

Kim, Maria Y.  
Stannard, Helen L.\*

## Children & Family Services

Cain, Beneth L.\*  
Calderon, Victoria V.  
Dominguez, Lemuel  
Haverly, Shirley  
Hogshead, William H.  
Hotsenpiller, Billie M.  
Jackson, Lonnetia\*  
Scheckwitz, Joyce C.  
Smith, Thomas L.\*  
Vann, Shellie E.\*  
Wardlow, Shirley A.  
Williams, Teresa

## Communications

Dalton, Dorothy W.  
Lukenbill, Robert S.\*

## County Counsel

Groff, Clara M.\*  
Webster, Jeanlouis  
Wilson, Mildred K.

## District Attorney

Borja Jr., Carlos F.  
Osadchey, Earl\*

## Engineer

Creany, William A.  
Laub, Meda R.\*  
Morris, George W.

## Fire

Flammer, Harvey B.  
Jones, Leo B.\*  
Purmort, Earl J.

## Flood Control

Hershkowitz, Paul N.  
Moore, Margaret J.\*  
Schuessler Jr., Herbert F.\*  
Winder, Ernest R.

## Forester & Fire Warden

Eisner, Alvin P.\*  
Werner, Joseph F.\*

## Harbor/UCLA Medical Center

Appel, Arline J.  
Calderon, Helen  
Cook, Robert  
Fenner, Anita B.\*  
Lopez, Mary M.  
Te Groen, Ilona\*  
Toniolo, Edison S.  
Wilkins, Claradell E.\*

## Health Services

Anderson, Robert J.\*  
Wiley, Adam\*

## Health Services Adm.

Britton, Barbara  
Daniels, Turner L.  
Di Maggio, Linda R.\*  
Gutierrez, Daniel R.  
Justice, Merle T.\*  
Kamenshek, Dorothy\*  
Kushion, Betty J.  
Rasmussen, Patricia A.  
Salgado, Jesus  
The, Han L.

## Hospitals

Johnson, Juanita S.\*

## Human Resources

Hernandez, Arlene

## Internal Services

Ceragioli, Donald W.  
Handy, Samuel C.  
Jackson, James L.  
Morimoto Jr., William I.  
Penner, Clyde R.  
Rice, Audrey L.  
Shapoff, Rose  
Todd, Jessie G.\*  
Woods, Vernon  
Zambrano, Diogenes S.

## King/Drew Medical Center

Allen, Gwendolyn A\*  
Alonso, Felix  
Boles, Gwendolyn C.  
Braithwaite, Rebecca H.  
Brown, Nanci C.  
Foley, Emma D.\*  
Greaves, Timothy S.

## LAC+USC Medical Center

Dixon, Frank  
Johnson, Martha  
Johnson, Woodrow  
Weiss, Peter D.

Williams, Blanche  
Yi, Susan S.

## Marshal

Castaneda, Richard E.\*

## Mechanical

Booker, Robert  
Griffith, Jack H.\*

## Mental Health

Adler, Ronald B.\*  
Davenport, Andrew  
Greene, Avron M.  
Smith, Anna L.

## Municipal Court

Wilde, George A. (Compton)

## Olive View Hospital

Cerniglia, Donald J.\*  
Griffith, Detta R.  
Hakimi, Parviz  
Hymer, Glenn H.\*  
Janzen, Edna\*  
Rosen, Daniel\*  
Shafer, Mary E.

## Parks & Recreation

Parker, Willie R.\*  
Sandoval, Amado S.  
Young, J. D.

## Probation

Ashby, Michelle  
Butler, Philip D.  
Elkins, William  
Greer, Shirley J.  
Jenkins, George B.  
Jenneford, Roland R.  
Lawson, John D.\*  
Mossette, Rudolph L.\*  
Siegel, Samuel E.\*  
Smith, Joan M.\*  
Uchida, Amy E.\*

## Public Health Program

Anderson, Virginia A.  
Boone, Glen D.  
Gonzales, Alice V.  
Lenell, Carl H.\*  
Okano, Clark\*  
Peebles, Thomas K.\*  
Roden, Patricia T.\*  
Thomas, Samuel  
Waldner, Betty G.

## Public Library

Alvarez, Jacqueline C.  
Angelski, Barbara J.  
Wineberg, Judith B.\*



## IN MEMORIAM

*This list includes retired employees, both RELAC members and non-members.*

*\* denotes RELAC members*

### Public Social Services

Baylon, Teodoro U.  
Bursey, Victoria L.  
Cabrera, Celia C.\*  
Canales, Alfredo  
Cherry, Florence\*  
Cho, Pyung S.\*  
Cotton, Georgia  
Dillman, Hugh  
Grant, Jessie M.\*  
Johnson, Lila\*  
Krause, Robert J.  
La Beau, Seletha M.\*  
Lazar, Sophie\*  
Lodge, Harriet\*  
Macias, Ernestine P.  
Marsh, Mignon\*  
Martinez, Miguel  
Owens, Christine\*  
Parks, Lily  
Peterson, Alla M.\*  
Pierce, Evelyn T.  
Piet, Paul  
Reel, George R.\*  
Rosacker, Mayra  
Ruiz, Clara E.\*  
Suarez Jr., Armando  
Tidwell, Delano V.  
Truitt, William P.\*  
Watson, Eleanor F.

### Public Works

Hays, Donald C.\*  
Holman, Herbert  
Mc Neil, Ernest  
Padua, Marlow R.  
Savin, Betty

### Rancho Los Amigos Hospital

Goldstein, Naomi E.\*  
Harris, Theodora A.  
James, Marilyn J.  
Leanos, Juan P.\*  
Ortiz, Betty J.  
Schiffner, Gladys A.\*  
Schwabe, Patricia L.\*  
Wibel, Jeannette

### Reg.-Recorder/County Clerk

Rincon, Natalia V.\*

### Road

Hamming, Tony\*  
Lange, Lawrence G.\*  
Maertens, Andrew R.\*

### Sheriff

Akren, Thomas  
Bakken, Dale E.  
Ballinger, George B.\*  
Bartilad, Jose I.  
Belk, Helen  
Browne, Justine B.\*  
Campbell Jr., Herbert L.\*  
Carrier Jr., George R.\*  
Chaney, Clarence E.  
George, John W.\*  
Jahn, Edward A.  
Johnson, Roger L.\*  
Kinder, George V.\*  
Koontz, Margaret E.  
Marx, Thomas  
McManus, Frank E.\*  
Miranda, Richard C.  
Moeller, Robert W\*  
Murillo, Martin U.  
Oakden, Franklin R.\*  
Panter, Junior C.\*  
Pollack, Richard B.\*  
Snover, Edwin K.  
Turner, Vera W.  
Webster, Richard E.  
Williams, Sandra A.

### So. Coast Air Quality Mgmt.

Mullins, Thomas P.

### Superior Court

Healey, Betty\*

### Superior Court/County Clerk

Davis, William G.\*  
Gallucci, Virginia D.  
Greene, Constance  
Hopkins, Martha J.  
Lester, Max M.\*  
Schwarz, Robert C.\*  
Williamson, Doris H.  
Williams, Ronald J.

### Treasurer & Tax Collector

Owings, Elizabeth R.\*

### Women's Hospital

Stogryn, Marjorie M.

### Department Not Designated

Bascom, Harry L.  
De Van, Paul H.  
Mehlin, Irene  
Shure, Norma  
Wilson, Welford R.

### CIGNA continued from p.4

at an earlier meeting, made the motion which got the ball rolling to provide relief to CIGNA subscribers.

Still before the Board of Retirement for consideration is a proposal to implement, beginning in 2011, an annual two month open enrollment period for all retiree medical plans at the time of annual premium rate changes.

### Litigation continued from p.6

turn on the answer to this question.

**LACERA's Health Care Program** LACERA implemented its retiree health care program in 1971. The Board of Retirement used excess investment earnings to subsidize retiree premiums. The subsidy was based on the number of years of service credit under a formula that remains in effect today. In 1982, the Board of Supervisors entered into a written contract with the Board of Retirement that required the County to take over the funding of the premium subsidy in exchange for certain funding relief the Board of Retirement made available to the County to enable the County to weather a particularly difficult economic period. So a determination in the Orange County case as to whether there can be an implied contract is irrelevant. LACERA has a written contract with the Board of Supervisors that requires the County to fund the retiree subsidy under the same formula that applied when LACERA funded the subsidy with excess earnings.

### Brain Tune Up continued from p.13

6. Eating Plan based on the Mediterranean diet
7. Six or more 8oz. servings of water daily
8. Exercise your brain
9. Kindness

Millie Jones, Supervisor Antonovich's local representative informed us on news, events, and how money is being spent in the area. Community and Senior Services Department "Info Van" made available much useful information about services for seniors in Los Angeles County.

Come back and join us in August when Dr. Bresky will again be our guest speaker.

# General Membership Meeting

George Hernandez, Chair, Program Committee



## HOLIDAY ENTERTAINMENT CHRISTMAS CAROLS Wednesday, December 8, 2010

Diamond Bar Center  
1600 S. Grand Avenue  
Diamond Bar, CA 91765

9:00 a.m. –  
Complementary Refreshments

Entertainment –  
Ken Smith, The Music Man  
Surprises for first 100 attendees

### 10:00 a.m. – HOLIDAY FESTIVITIES BEGIN

Featuring Citrus College  
Women's Ensemble  
Caroling

Retiree Information –  
RELAC & LACERA

### DOOR PRIZES

You will need your membership card



### DRIVING DIRECTIONS

From the Pomona (60) Fwy/Orange (57) Fwy heading north or south exit Grand Avenue. East on Grand Ave for about 2 miles.

The Center is located at Summit Ridge Park just north of the corner of Grand and Summitridge Drive. The entrance driveway to the Center is on Grand Ave.

### IMPORTANT!

Are you moving?  
Did you change your name?

Cut out the address portion of this newsletter, correct it and mail to:

RELAC  
1000 S. Fremont Ave.,  
Unit 15 Alhambra, CA  
91803-8802 or  
Phone:  
(800) 537-3522  
(626) 308-0532  
Fax: (626) 308-2901  
Email:  
admin@relac.org  
website:  
www.relac.org

Note: It is important that you mail this to RELAC or contact RELAC by phone as we DO NOT receive your address change from LACERA.



RETIRED EMPLOYEES  
of LOS ANGELES COUNTY  
1000 South Fremont Ave. Unit 15  
Alhambra, CA 91803-8802

Return Service Requested

NON-PROFIT  
U.S. POSTAGE  
**PAID**  
PERMIT #66  
PASADENA, CA